



V VEGETARIAN N NEW

Good food takes time to prepare. All products subject to availability. The visuals are for descriptive purposes only. Product offering may vary from image. There is a possibility that nuts or traces of nuts may be found in our products. All prices inclusive of VAT. Variations to the menu will be charged for accordingly. Service charge not included.

 www.fegocaffe.co.za
Customer Care Line: 0861 00FEGO or 0861 003 346

NOVEMBER 2017 CLASSIC



CUPS ^{OF} warmth

COFFEES

ESPRESSO

| | |
|----------------------------------|----|
| Single | 18 |
| Double | 22 |
| Macchiato | 23 |
| Corretto (with a shot of grappa) | 27 |

CAPPUCCINO

| | |
|---------------------------|----|
| Regular | 24 |
| Regular topped with cream | 29 |
| Mega | 30 |
| Mega topped with cream | 35 |

FEGO COFFEE 19

Single shot

CAFFÉ LATTE 26

FLAT WHITE 22

AMERICANO 24

Double shot espresso

The above coffees are available as decaf

TEAS

TEA

| | |
|--|----|
| Ceylon or Rooibos | 19 |
| Herbal, Earl Grey or English Breakfast | 22 |

CHAI TEA LATTE 30

Spiced tea with thick foamy milk

RED LATTE® 28

Rooibos latte

RED CAPPUCCINO®

Rooibos cappuccino

| | |
|---------|----|
| Regular | 27 |
| Mega | 33 |

**FEGO CAFFÉ
COFFEE BEANS (1kg)
286**



Cappuccino

le SOMETHING special

HOT DRINKS

CHOCOLATE HAZELNUT LATTE 34

Steamed milk with a shot of espresso, flavoured with chocolate hazelnut spread, topped with whipped cream

COCONUT MOCHA CRUNCH 34

Coconut hot chocolate topped with whipped cream, chocolate sauce & honeycomb chocolate crunch

CIOCCOCCINO 31

With dark Belgian chocolate 31
With white Belgian chocolate 31

HOT CHOCOLATE 30

Milk chocolate 30
White chocolate 30

MILO® 30

CHAI HOT CHOCOLATE 34

Topped with whipped cream & drizzled with chocolate sauce

FLAVOURED SYRUPS 8

For a decadent coffee experience, add one of our flavoured syrups to your coffee

Choose from Vanilla, Macadamia, Caramel, Hazelnut or Dark Chocolate

MILKSHAKES

CLASSICS 30

Vanilla, Macadamia, Chocolate, Strawberry, Caramel or Milo® Coffee 34

SPECIALITY 42

Coffee & Peppermint Crisp® 42
Chocolate, Toblerone® & Milo® 42
Vanilla, Oreo™ Cookies & Chocolate Ripple 42
Caramel & Crunchie® 42



Coconut Mocha Crunch

welcome THE DAY

FRESHLY BAKED

MUFFIN ▼ 34

Served with preserves

Enquire about our daily selection

PLAIN CROISSANT ▼ 34

Served with preserves

FILLED CROISSANT

Chocolate hazelnut spread ▼ 48

Ham & cheese 53

Scrambled egg, crispy streaky bacon
& grilled tomato, served with our FEGO sauce 61

Smoked salmon trout, cottage cheese, lemon
& caper berries 76

CLASSIC BREAKFASTS

Choice of white, brown, low-GI or rye bread unless
otherwise stated

RAPIDO 34

2 Eggs, bacon, grilled tomato & 1 slice
of toast

MEDIO 45

2 Eggs, bacon, mushrooms, grilled
tomato, a half portion of thin French fries
& 1 slice of toast

FEGO 72

2 Eggs, bacon, sausage (beef or lamb),
grilled cherry tomatoes, mushrooms & toast

MEGA 92

2 Eggs, bacon, sausage (beef or lamb),
a rump steak medallion, thin French fries,
grilled cherry tomatoes, mushrooms & toast

SAVOURY MINCE ON TOAST 67

Savoury beef mince on a toasted
ciabatta, topped with 2 poached eggs,
served with balsamic-glazed
cherry tomatoes

EGGS BENEDICT 69

2 Poached eggs served on an
English muffin, layered with ham,
topped with hollandaise sauce

Substitute ham with spinach 64

Substitute ham with smoked salmon trout 84



Eggs Benedict

Welcome THE DAY

OUR BREAKFASTS

AVOCADO & POACHED EGG ON TOAST **N V** 29

2 Slices of toast, 1 with fresh sliced avocado (seasonal) & 1 with a poached egg

HONEY, CINNAMON & BUTTER OATS **V** 39

Traditional oats made with brown sugar, cinnamon, butter & drizzled with honey

GRILLED HALLOUMI & CRISPY POTATOES **V** 42

2 Eggs, 2 pieces of grilled halloumi, crispy pan-fried grated potatoes & grilled cherry tomatoes

TOASTED MUESLI **V** 69

Toasted muesli & low-fat yoghurt, layered with seasonal fresh fruit, served with nuts & drizzled with a berry coulis

BREAKFAST ROSTI 46

Potato rosti layered with fried egg, bacon, rocket & tomato relish

SPICY SCRAMBLED EGGS **V** 72

Scrambled eggs with jalapeño, avocado (seasonal), cherry tomatoes, baby spinach & sautéed onion, mixed with cheddar, served with toasted baguette

PARMESAN SCRAMBLE BAGUETTE **V** 76

Scrambled eggs with roasted cherry tomatoes, mushrooms, rocket & Parmesan shavings, served with toasted baguette

SMOKED SALMON TROUT 92

2 Poached eggs, smoked salmon trout, rocket & chunky cottage cheese, drizzled with a balsamic reduction, served with low-GI toast

OMELETTES 58

A choice of white, brown, low-GI or rye bread

3-Egg traditional omelette served with cheddar & your choice of 2 of the following fillings:

Bacon, ham, beef sausage, lamb sausage, chouriço, mushrooms, tomato, onion, peppers



FEGO Breakfast



Spicy Scrambled Eggs

simply DELIGHTFUL

SPECIALITY SANDWICHES

Served with thin French fries or a side salad

MEDITERRANEAN VEG **v** 72

Grilled brinjal, roasted mixed peppers, baby marrow, basil pesto & Parmesan shavings with rocket & tomato
(Choice of baguette or panini)

FLAT IRON STEAK 92

Seared rump strips coated in pickle butter with roasted mixed peppers, red onions, rocket & tomato
(Choice of baguette or panini)

GRILLED LEMON CHICKEN STRIPS 87

Lemon chicken strips served on low-GI bread with lettuce & cherry tomatoes, topped with pestonaise, avocado (seasonal) & Parmesan shavings

TUNA MAYO 74

Tuna mayonnaise served on low-GI bread with lettuce & tomato, topped with boiled egg, gherkins & red onion

TOASTED SANDWICHES

Served with thin French fries or a side salad.
Choice of white, brown, low-GI or rye bread

Cheese & Tomato **v** 39

Ham, Cheese & Tomato 49

Bacon, Avocado (seasonal) & Mozzarella 57

Bacon & Egg 49

Chicken Mayo 50

QUESADILLAS **N**

Served with guacamole & salsa.
Tortillas with mozzarella & cheddar, filled & toasted

SLOW BRAISED BEEF & BEANS 84

Shredded beef, red kidney beans, tomato & spring onions

CHIPOTLE CHICKEN 72

Shredded chipotle chicken mayo, coriander & grilled onions

HARISSA ROASTED VEG **v** 69

Grilled brinjal, mixed peppers, baby marrow & chickpeas, mixed with roasted red pepper paste

Chipotle Chicken Quesadilla



Slow Braised Beef & Beans Quesadilla



Cajun Chicken Tramezzini



Spicy Chicken Curry Wrap

simply DELIGHTFUL

TRAMEZZINIS

Served with thin French fries or a side salad.
Made with mozzarella, filled & toasted

CHICKEN MAYO & MUSHROOM 76

CAJUN CHICKEN 82

Grilled Cajun chicken, avocado (seasonal), tomato & sweet chillinnaise

BACON, FETA & AVOCADO (seasonal) 82

SPINACH & FETA 75

Spinach, feta & basil pesto

SPICY BEEF 89

Seared rump strips, grilled onion & tomato in a prego sauce

Chicken option available

WRAPS

Served with thin French fries or a side salad.
Wrapped around the following fillings:

MEDITERRANEAN VEG 70

Grilled brinjal, roasted mixed peppers, baby marrow, basil pesto & Parmesan shavings with rocket & tomato

CAJUN CHICKEN 82

Grilled Cajun chicken strips, avocado (seasonal), herbed feta paste, lettuce & cherry tomatoes

SPICY CHICKEN CURRY 77

Curried chicken strips, lettuce & chilli with a cucumber & yoghurt dressing

STEAK 89

Seared rump strips, lettuce, sun-dried tomatoes, feta & our FEGO sauce

GETTING comfortable

BURGERS & PREGOS

All beef patties are 200g of pure lean prime ground beef. Chicken fillet option available. Served with thin French fries or a side salad

FEGO 74

Lettuce, tomato, onion, gherkin & our FEGO sauce

BACON & CHEESE 85

Lettuce, tomato, onion, gherkin, bacon, cheese & our FEGO sauce

MUSHROOM & BRIE 88

Lettuce, tomato, caramelised onion, mushrooms & Brie

CRISPY CHICKEN & CHEESE 76

Lettuce, tomato, coleslaw, crumbed chicken fillet & cheese sauce

SLIM FIT (Healthier alternative) 74

Bacon, mushrooms, onion & crumbled feta, served with a side salad (no bun)

CHICKEN PREGO **N** 64

Butterflied chicken breast marinated in white wine, harissa paste & garlic, topped with prego sauce

BEEF PREGO **N** 72

Thinly sliced rump medallion marinated in white wine, harissa paste & garlic, topped with prego sauce

BASKETS

CHICKEN 85

Crumbed chicken strips & sweet chilli sesame-crust chicken kebabs, served with jalapeños, thin French fries, mayonnaise & sweet chilli dips

CHEESE & CRUMBED MUSHROOM **V** 95

Crumbed halloumi, sesame-crust deep-fried Brie, mozzarella-stuffed crumbed mushrooms, served with thin French fries & a sweet chilli dip & olive paste

BEEF 99

Basted rump kebabs & beef koftas served with battered onion rings, thin French fries, sweet chilli & honey mustard dips



Mushroom & Brie Burger



Chicken Basket



Chouriço & Chicken Pasta



Sweet Chilli Chicken & Halloumi Salad

WORTH ^A PAUSE

PASTA

All pasta dishes are served with a choice of linguine or penne

VEGETARIAN ▼ 59

Italian plum tomatoes, onion, olives, capers, basil pesto & Parmesan

ALFREDO 84

Ham & mushrooms tossed in a rich cream sauce & Parmesan

CHOURIÇO & CHICKEN 89

Chouriço & chicken strips tossed in a red pepper, feta & cream sauce

SALADS

HALLOUMI & ROAST VEG ▼ 59

Fried halloumi served with roasted balsamic-coated baby marrow, red onion, mixed peppers, brinjal, chickpeas, mixed lettuce & cherry tomatoes with a balsamic dressing

SWEET CHILLI CHICKEN & HALLOUMI 74

Sweet chilli & sesame-coated chicken strips, halloumi, avocado (seasonal), grilled Peppadew®, mixed lettuce, rocket & roasted cherry tomatoes, served with a balsamic vinaigrette

MILD CURRIED CHICKEN 76

Mild curry-marinated chicken kebabs, bacon bits, feta, avocado (seasonal), corn, pumpkin seeds, mixed lettuce & roasted cherry tomatoes, served with a balsamic vinaigrette & toasted ciabatta

SEARED BEEF 86

Seared rump strips, feta, roasted cherry tomatoes, corn, rocket & mixed lettuce with a sweet chilli & soya sauce dressing

SMOKED SALMON TROUT 92

Smoked salmon trout, avocado (seasonal), cottage cheese, carrot, red onion, mixed lettuce & cherry tomatoes, served with a lemonnaisse dressing

A HEARTY = affair

CAFFÉ MEALS

SPICY JALAPEÑO CHICKEN 89

Grilled chicken breasts topped with melted cheddar, chouriço & our FEGO sauce, sprinkled with chopped tomato, jalapeño & spring onion, served with thin French fries or a side salad

LEMON CHICKEN BREASTS 89

Grilled lemon chicken breasts served with a mushroom, Peppadew®, onion & pumpkin seed cous cous, baby spinach & a lemon soy dressing

SMOKED SALMON TROUT ROSTI 96

Smoked salmon trout, dill cucumber, cottage cheese, avocado (seasonal), caper berries & rocket, served on 2 potato rostis

STEAK, EGG & CHIPS 95

180g Beef rump pan-fried in butter, white wine, chilli & a touch of cream, topped with 2 fried eggs, served with toasted ciabatta & thin French fries

BACON & BRIE STEAK 104

180g Beef rump medallions pan-fried & topped with crispy streaky bacon, caramelised balsamic onion & Brie, served with thin French fries or a side salad

STEAK WITH PEPPADEW® FETA BUTTER N 132

300g Beef rump pan-fried & topped with Peppadew® feta butter, served with pan-roasted cocktail tomatoes & shoestring zucchini fries

ADD A SIDE

SIDE SALAD v 25

Mixed lettuce, cherry tomatoes, rocket, red onion, sunflower seeds & Parmesan shavings

THIN FRENCH FRIES v 25

Served with a mayonnaise dip

COUS COUS N v 25

With toasted almonds, grilled brinjal, roasted mixed peppers & pan-roasted baby marrow, mixed with cumin & roasted red pepper paste



Steak with Peppadew® Feta Butter

Sweet MOMENTS

DESSERTS

ICE CREAM &
CHOCOLATE SAUCE 35

BANANA & CHOCOLATE
HAZELNUT CROISSANT
BREAD & BUTTER
PUDDING 40

Crispy butter croissants, fresh bananas
& chocolate hazelnut spread, baked in
custard until golden brown, served with
cream or ice cream

PINEAPPLE & PASSION
FRUIT CHEESECAKE N 55

Pineapple & passion fruit frozen cheesecake
on a honey & oats crust, served with a
pineapple compote

POACHED PEAR
PAVLOVA N 45

Meringue nests, layered with ginger poached
pears & honey cream, served with toasted
almonds & caramel sauce

SLICE OF CAKE SQ

Enquire about our daily selection



Slice of Cake

THAT REFRESHING feeling

COLD DRINKS

STILL LEMONADE 30

FLAVOURED LEMONADE 34

Watermelon or Berry

SODA 330ml 20

'TISER 330ml 26

Grapetiser® or Appletiser®

CORDIAL & MIXER 27

Lime, Kola Tonic or Passion Fruit

ROCK SHANDY 31

MINERAL WATER 20

500ml Still or Sparkling

ICED TEA 26

Lemon, Apple, Peach or Berry

FRUIT JUICE 26

SMOOTHIE 42

Mixed Berry or Passion Fruit

Mango & Ginger **N** 44

Peanut Butter with Banana & Pear **N** 44

FRULLATO 38

Fresh fruit, fruit juice & ice cream blend

FRUIT CRUSH 36

Dairy-free, with fruit & crushed ice.

Apple with Cucumber & Mint **N** 36

Mixed Berry, Mango or Passion Fruit 42

FEGOCCINO 40

The original freezeo

FRAPPÉS 36

Perfectly extracted espresso infused with flavour & shaken cold with milk & ice

Vanilla 36

Caramel & Crunchie® 38

Chocolate Macadamia 38



Apple with Cucumber & Mint

Not for Sale to Persons Under the Age of 18. Enjoy Responsibly.



Irish Coffee

YOU'RE
WELCOME
 TO *unwind*

LIQUEUR COFFEES & PEDROS

| | |
|--|-----------|
| Irish or Kahlúa* | 38 |
| Pedro (Whisky, Kahlúa*, Frangelico* or Amarula) | 42 |

BEERS

| | |
|---|-----------|
| Castle Lager, Hansa Pilsener, Carling Black Label | 25 |
| Castle Lite, Amstel, Amstel Lite, Windhoek Lager, Windhoek Light | 26 |
| Windhoek Draught, Peroni, Heineken | 28 |
| Local Craft Beer | SQ |

CIDERS

| | |
|-------------------|-----------|
| Hunter's, Savanna | 27 |
|-------------------|-----------|

WINES

| | GLASS | BOTTLE |
|---|-----------|------------|
| DURBANVILLE HILLS CHARDONNAY | 42 | 132 |
| Mouth filling with minerality & citrus that finishes with a sweet sensation | | |
| DURBANVILLE HILLS SAUVIGNON BLANC | 42 | 132 |
| With a full mouthfeel the wine is a combination of yellow citrus, lime & sugar snaps with a hint of asparagus & a crisp acidity | | |
| DURBANVILLE HILLS MERLOT ROSÉ | 42 | 132 |
| Refreshing & light-bodied with an abundance of fresh summer berries on the palate | | |
| DURBANVILLE HILLS MERLOT | 46 | 152 |
| A medium bodied Merlot accentuated by flavours of soft sweet red & dark fruit, rounded off with silky tannins & a full mouthfeel | | |



FEGO
Caffé