THE LOUNGE

AT THE TABLE BAY

BREAKFAST

Breakfast harvest table
Selection of juices, coffee & teas, freshly baked pastries, fresh fruit, yoghurts, cereals, salads, cold meats & cheese
R290

Plated a la carte breakfast with harvest table
Inclusive of any one of the following breakfast dishes below
R385

FAVOURITES

Hot rolled oats bowl
Flaked almonds, toasted apples, honey & cinnamon cream
R75

African mealie meal
Maple syrup, strawberries & whipped butter
R75

Buttermilk waffles
Fresh berries, caramel banana, whipped cream & pistachio crumbs
R105

French toast
Creamy avocado, shaved pecorino & parsley
R90

Knysna oysters
6 freshly shucked oysters, lemon wedges, shallot vinaigrette & pickled ginger
R150

Pastry basket with condiments
Danish pastries, muffin, buttermilk scone, croissant & condiments
R100

Health basket
Cereal, low fat strawberry yoghurt & fresh sliced fruit
R90

THE LOUNGE

AT THE TABLE BAY

SPECIALITY EGG DISHES

Atlantic full English
Eggs, sautéed mushrooms, pan grilled cherry tomatoes, baked beans, potato rosti, crispy bacon, sausage & arugula
R205

Salmon Benedict
Toasted English muffin, peppery cream cheese, sautéed baby spinach, sliced avocado, poached eggs, fynbos hollandaise, fresh lemon & dill
R195

Fluffy two egg omelette
Regular or White with a choice of fillings
R190

Eggs benedict
Poached eggs, English muffin, grilled bacon, fynbos hollandaise & micro herbs
R170

Scrambled
Scrambled eggs, cream cheese & dill
R130

Vegetarian benedict
Poached eggs, herb marinated field mushrooms, tomato, wild spinach, tenderstem broccoli & fynbos hollandaise
R180

BREAKFAST SIDES

Crispy bacon
R35

Chicken sausages
R35

Baked beans
R30

Pork sausages
R35

Grilled cherry tomato
R30

Potato rosti
R30

Beef sausages
R35

Sautéed mushrooms
R35

Grated cheddar
R35