

# THE LOUNGE

AT THE TABLE BAY

## BREAKFAST

### **Breakfast harvest table**

Selection of juices, coffee & teas, freshly baked pastries, fresh fruit, yoghurts, cereals, salads, cold meats & cheese

**R290**

### **Plated a la carte breakfast with harvest table**

Inclusive of any one of the following breakfast dishes below

**R385**

## FAVOURITES

### **Hot rolled oats bowl**

Flaked almonds, toasted apples, honey & cinnamon cream

**R75**

### **African mealie meal**

Maple syrup, strawberries & whipped butter

**R75**

### **Buttermilk waffles**

Fresh berries, caramel banana, whipped cream & pistachio crumbs

**R105**

### **French toast**

Creamy avocado, shaved pecorino & parsley

**R90**

### **Knysna oysters**

6 freshly shucked oysters, lemon wedges, shallot vinaigrette & pickled ginger

**R150**

### **Pastry basket with condiments**

Danish pastries, muffin, buttermilk scone, croissant & condiments

**R100**

### **Health basket**

Cereal, low fat strawberry yoghurt & fresh sliced fruit

**R90**

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## SPECIALITY EGG DISHES

### Atlantic full English

Eggs, sautéed mushrooms, pan grilled cherry tomatoes, baked beans, potato rosti, crispy bacon, sausage & arugula

**R205**

### Salmon Benedict

Toasted English muffin, peppery cream cheese, sautéed baby spinach, sliced avocado, poached eggs, fynbos hollandaise, fresh lemon & dill

**R195**

### Fluffy two egg omelette

Regular or White with a choice of fillings

**R190**

### Eggs benedict

Poached eggs, English muffin, grilled bacon, fynbos hollandaise & micro herbs

**R170**

### Scrambled

Scrambled eggs, cream cheese & dill

**R130**

### Vegetarian benedict

Poached eggs, herb marinated field mushrooms, tomato, wild spinach, tenderstem broccoli & fynbos hollandaise

**R180**

## BREAKFAST SIDES

**Crispy bacon**

**R35**

**Chicken sausages**

**R35**

**Baked beans**

**R30**

**Pork sausages**

**R35**

**Grilled cherry tomato**

**R30**

**Potato rosti**

**R30**

**Beef sausages**

**R35**

**Sautéed mushrooms**

**R35**

**Grated cheddar**

**R35**