

Continental Breakfast

R270

English Breakfast

R325

À la Carte Selection

Atlantic Special

Mossbolletjie bread cup filled with savoury beef mince, green peas, cumin mascarpone Cheese & fried egg

R90

The Cape Doctor

Curried East coast rock lobster & fennel frittata with chakalaka cream cheese & coriander salsa

R200

African Maltabella

Cooked in milk garnished with Toasted seeds, roasted Natal Macadamia nut Honey & Chantilly cream

R55

Vegetarian Benedict (No Carbs)

Grilled field mushrooms, sliced broiled tomato, sautéed wild spinach 2 poached eggs & fynbos hollandaise

R90

Eggs Benedict

Poached eggs, English muffin, grilled kassler & Fyn hollandaise

R100

The TBH Salmon Eggs Benedict

Toasted English muffin, House cured & Smoked crumbled salmon trout, Sautéed spinach with cream cheese, 2 poached eggs & Fynbos hollandaise

R100

Grilled Dukah Dusted Steak

Warm baby potato salad, dune spinach, sout slaai, tomato concasse, crispy onion & 1 fried egg

R150

The Pancakes

Oats, granola & dried cranberry pancake with sweet butter

R55

Sides:

Crispy bacon **R50**

Mascarpone **R40**

Orange Scented chunky cottage cheese **R40**

Berry Compote **R65**

Canadian Maple Syrup **R50**

Honey **R40**

Cinnamon **R30**