

MASSAGE THERAPY

Camelot Universal Signature Massage A combination of Hot Stone, Kahuna, Balinese massage techniques for those who want to ex of massage. This massage incorporates the use candle, where the fragrance and softness of yo mind long after you have left the spa.	perience vario of our uniqu	us types e massage
Aromatherapy Massage	60 min	R720
Promotes healing, well-being and relaxation us light massage strokes.	ing pure essei	ntial oils and
Deep Tissue Massage	60 min	R720
A deep pressure massage to relieve tension and	d detoxify.	
Hot Stone Massage	60 min	R720
This re-energising stone therapy massage creat harmonizing and relaxing effect on the body.	es a cleansing],
Swedish Body Massage	60 min	R660
Provides a sense of well being, eases tense mu relaxation.	scles and indu	ICES
Pregnancy Massage**	60 min	R660
This relaxing massage experience is specifically tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Moms beyond their first trimester.		
Back, Neck & Shoulder Massage	60 min	R660

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

45 min

30 min

R540

R400

Pressure Point Foot Massage	45 min	R540
	30 min	R400
Relax and balance the body through stimula situated on the feet.	tion of pressur	re points

ndian Head	Massage	30 min	R400
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

Upgrade your 60min massage with an extra 30min	R290
Add a Back Scrub	R100
Add Hot Stones to your massage	R90
Add Bellabaci Cups to your massage**	R80

SKIN CARE THERAPY

CSPA AROMA WELLNESS

and concerns.

CSpa Hydrating, Rebalancing or Anti-Ageing Facial

60 min R650

This multi-sensory, results driven skin treatment includes a luxurious facial massage and an Aroma serum (either Hydra-Boosting, Age-Defying or Oily/Combination Rebalancing) to suit your skins main concerns.

CSpa Aroma Facial	30 min	R390
CSpa's Aroma Wellness basic facial can be cus	tomised to al	skin types

THALGO SKIN CARE

Prodige Des Oceans Facial**

R2 500 60 min

A supreme Beauty Ritual providing ultimate revitalization and total youthfulness. This treatment delivers the revitalizing benefits of Intelligence Regenerative Marine, a complete concentrate of 63 marine active ingredients (an exclusive Thalgo patent). At the heart of the ritual, the Prodige des Océans Mask offers pure plumping oxygenation, and its iconic massage, inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smoothes wrinkles and restores firmness and elasticity to the skin. The face glows with renewed youth.

Silicium Super Lift Facial** 60 min R2 000

Smooth, Fill and Lift: This treatment excels in correcting loss of firmness and smoothing deep lines. The highly effective anti-wrinkle massage and Cryo-Sculpting Mask erase wrinkles and restore radiance.

Thalgo Anti-Age Hyaluronic Filler Facial R1 800 60 min

Smooth and Fill: This treatment corrects deep lines, leaving the skin looking visibly younger.

Thalgo Brightening Facial 60 min R1 720

A brightening and rejuvenating treatment that lightens the skin and improves pigmentation. Skin will appear visibly younger with renewed radiance and an even tone skin.

Thalgo Source Marine Hydrating Facial R950 60 min

This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.

60 min R940 Thalgo Ocea Men's Treatment

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.



Thalgo Micronized Marine Algae Facial 60 min R920

The Thalgo exclusive Thalassotherapy-inspired facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Spa Skin Facial	60 min	R690
This classic facial is tailored to meet th types. Two treatment options (i.e. Sou Marine Ritual).		

Thalgo Deep	Cleansing	Facial	60 min

Specifically designed for combination to oily skin, this Pureté Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Purity ThalgoMen Facial	45 min	R690
Wake up and energise tired skin. Includes a full cleanse, scrub,		
energising digito-pressure massage and anti-fatigue mask resulting in		

Thalgo Illuminating Radiance Facial	30 min	R510	
Unlock the secret to perfect radiance with a	treat of sensor	riality and	

THALGO EYE EXPERT TREATMENTS

effectiveness resulting in skin luminosity.

clearer skin.

Anti-Wrinkle Hyaluronic Eye Treatment	
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An express 2-in-1 treatment performed with the Hyaluronic Eye Patch Mask and Hyaluronic Filler which traces and fills the wrinkles. For a beautiful complexion and a radiant and instantly rejuvenated eye contour.

MEDI SPA

MCEUTIC BY THALGO

MCeutic Renovation Radicale Treatment**	60 min	R1 380
	30 min	R920

A true medically-inspired beauty treatment. It delivers a tailor-made 3-step treatment designed for imperfections, uneven skin tone, and rejuvenation. This non-invasive mesotherapy treatment incorporates a deeper peel, allowing for penetration to the deepest layers of the skin. No down time.

SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

Tint Lash & Brow	30 min	R190
Tint Lashes	25 min	R140
Tint Brows	15 min	R110

WAXING

R690

R390

We offer a complete range of waxing services. Please consult with your therapist to identify your specific needs and desired results.

Full Leg	45 min	R400
Hollywood**	45 min	R345
Back / Chest Wax	45 min	R345
Brazilian	40 min	R300
Half Leg / Full Arm / Half Chest	30 min	R270
Bikini / Half Arm	25 min	R190
Underarms / Sides of Face	20 min	R180
Lip / Chin / Brow	15 min	R130

MANICURES & PEDICURES

60 min	R430
60 min	R400
45 min	R380
45 min	R345
30 min	R290
30 min	R290
15 min	R215
30 min	R180
30 min	R140
15 min	R120
15 min	R120
	60 min 45 min 45 min 30 min 30 min 30 min 30 min 30 min 15 min

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and specialised mask application.

SPA BODY TREATMENTS

Salt Glow	30 min	R330
This housing a stored solt and second	all aufaliation landu	****

This luxurious natural salt and coconut oil exfoliating body treatment improves the skins texture leaving it smooth and looking radiant.

BODY WRAPS

Thalgo Marine Algae	Detox Wrap	60 min	R910
This "Thalassotherapy" revitalisation. The body face everyday stress.			



mud wrap. Hydrate with Neroli and Vanilla essential oils or detoxify with Peppermint and Rosemary essential oils. INTEGRATIVE SUMMING BY THAI GO High Precision Shaping Treatment** 60 min The first corrective wrap treatment for superficial and deep fat, known to cause cellulite dimpling and skin slackening. The silhouette is visibly reshaped. Cellulite dimpling is significantly smoothed.

Choose between a relaxing or an invigorating aroma wellness body

45 min

R570

R1 300

CSpa Hydrating or Detox Wrap

Perfect Sculpt Slimming Massage** R550 30 min A deep massage resulting in the figure looking visibly reshaped and

re-sculpted. Body contours appear significantly redefined and dimpled skin is smoothed

HYDROTHERAPY

Thalgo Seaweed	Detox Hydrobath**	30 min	R620
		per couple	R690

A Warm bath soak of Micronised Marine Algae helps to detox and re-mineralize the body, addressing overweight and cellulite conditions. Used as a slimming booster bath.

CSpa Sensorial Shimmer Milk Hydrobath**	30 min	R290
	per couple	R370
This sensorial shimmer milk bath is rich in vita rejuvenating and remineralising. Leaves the sk shimmering veil.		
Rasul Self Application Treatment**	30 min	R340

per couple R600	
he Rasul treatment is a detoxifying cleansing ritual. This self-applicat	ci
ficalt and mud datavifies and minucepates the body leaving the skin.	

ion of salt and mud detoxifies and rejuvenates the body leaving the skin satin smooth.

Floatation Therapy**

The buoyancy of water and salt allows your body to float effortlessly as if in outer space or the Dead Sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.

**Facilities & treatments vary according to Spa, please enquire upon booking. Floatation Therapy available at The Boardwalk, Le Franschhoek, Pearls Mall and San Lameer only.

SPA EXPERIENCES

Re-Energising Couples Journey	1hr 30min	R1 950
	per couple	
60min Aromatherapy Massage		
15min Indian Head Massage		
15min Pressure Point Foot Massage		
Gents Executive Package	2hrs 30min	R1 650
60 min Deep Tissue / Hot Stone Body Massage		

60 min Thalgo Ocea Men's Facial

30 min Pressure Point Foot / Indian Head Massage

Thalgo	Polynesia	Spa Rit	tual	

The Polynesian Ritual takes you on a journey of relaxation filled with fragrances and colours from the pacific. This intoxicating body journey includes a scrub, hydrobath and an indulgent massage.

Couples: Polynesia Spa Ritual for two and a glass of bubbly.

Camelot Spa Personalised Journey

2hrs 30min R1 400 3hrs 30min R1 900 4hrs 30min R2 400*

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend your desired amount of time pampering your every need.

30 min:

- Back, Neck & Shoulder Massage
- Indian Head Massage
- Pressure Point Foot Massage
- Salt Glow Body Scrub
- CSpa Hydrating Body Wrap
- CSpa Detox Body Wrap

60 min:

- Swedish Body Massage
- Aromatherapy Body Massage
- Thalgo Spa Skin Facial
- Deluxe Spa Pedicure
- Deluxe Spa Manicure (only available for 4hrs 30min Journey)
- *Lunch (Included for 4hrs 30min Journey)

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.



R290 30 min

1hr 30min R1 300

per couple R2 400

SPA WELLNESS MEMBERSHIPS

2hrs 30min R1100 Mommy To Be 60min Pregnancy Massage 30min On-The-Go Manicure 60min Deluxe spa Pedicure Snacks 60 min R760 Spa Taster 30 min Back, Neck & Shoulder Massage 30 min Thalgo Illuminating Radiance Facial

Tween Petite Personalised Journey	60 min	R600
Choose any three of the treatments below:		

- 20min Back, Neck & Shoulder Massage
- 20min Booster Facial
- 20min Revarnish Hands and Feet •

- 20min Hand Treatment
- 20min Foot Treatment

SPA EXPERIENCE ADD ONS:

- Snacks
- Personalised Satin Gown
- Gift

Please enquire upon booking.

Join Camelot Wellness today. Invest in yourself, feel better and stay well.

Annual Memberships*
(valid for 12 months)
R5000
R8000
R15 000
R20 000
*once off payment valid for one year

Once your membership miles are depleted, your membership will have to be renewed. Membership can be used by more than one person. Lower prices are charged during off-peak periods (Monday to Friday).

Joining fee of R100

Contact any of our spas for more information.

WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our complimentary Body Composition Analysis options.

CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- · Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

SPA ESSENTIALS

- Treatments marked ** are not available at all Camelot Spas, please enquire upon booking.
- · Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult
- Prices are subject to change without notice.
- · Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.
- Prices valid until 31 March 2019.
- All prices are inclusive of VAT.



GAUTENG

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Protea Hotel Midrand +27 (0) 11 318 0591 midrand@camelotspa.co.za 14th Street, Noordwyk Ext 20, Halfway House, Midrand

The Capital Moloko +27 (0) 11 384 4903 moloko@camelotspa.co.za 160 Helen Road, Strathavon, Sandton, Johannesburg

The InterContinental +27 (0) 11 961 5430 camelot.spa@tsogosun.com 8th Floor, The InterContinental Johannesburg, O.R. Tambo Airport

The Marion on Nicol +27 (0) 11 783 9952 mariononnicol@camelotspa.co.za Hamilton Avenue & Stirling Avenue, Sandton, Johannesburg

The Regent +27 (0) 11 581 0231 regent@camelotspa.co.za Ground Floor, 21 West Road South, Sandton, Johannesburg

KWAZULU-NATAL

San Lameer Resort Hotel & Spa +27 (0) 39 313 0642 sanlameer@camelotspa.co.za Main Road, San Lameer, Southbroom The Pearls Mall +27 (0) 10 900 3156 thepearls@camelotspa.co.za Level 4, 6 - 8 Lagoon Drive, Umhlanga Rocks

EASTERN CAPE

Royal St. Andrews Hotel +27 (0) 46 604 5400 ext. 5419 spa@rsah.co.za 19 St. Andrews Road, Port Alfred

The Boardwalk +27 (0) 41 507 9419 boardwalk@camelotspa.co.za Beach Road, Summerstrand, Port Elizabeth

WESTERN CAPE

Lagoon Beach Hotel +27 (0) 21 528 2017 camelotspa@lagoonbeachhotel.co.za 1 Lagoon Gate Drive, Milnerton, Cape Town

Le Franschhoek Hotel & Spa +27 (0) 21 876 2735 lefranschhoek@camelotspa.co.za 16 Minor Road, Franschhoek

Southern Sun Cape Sun +27 (0) 21 426 2644 camelotcapesun@camelotspa.co.za 23 Strand Street, Cape Town

The Table Bay +27 (0) 21 406 5904 tbhspa@suninternational.com Quay 6, V&A Waterfront, Cape Town Val de Vie Estate +27 (0) 21 867 8001 valdevie@camelotspa.co.za R301, Wemmershoek Road, Paarl

INTERNATIONAL

President Walmont Hotel* +265 1 789 888 presidentwalmont@camelotspa.co.za Chilembwe Road, City Centre, Lilongwe 3, Malawi

Royal Swazi Spa +268 2416 5284 camelot.spa@suninternational.com Old Mbabane/Manzini, Main Road, Ezulwini Valley, Mbabane, Swaziland

The Grand Palm* +267 363 7788 / 87 grandpalm@camelotspa.co.za Plot 17989 Bonnington Farm, Molepolole Road, Gaborone, Botswana

*Please request Price Lists for the selected International Branches as prices differ.



CAMELOT SPA HEAD OFFICE

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