



# ROYAL SPA

AT THE PALACE

TREATMENT MENU

# WELCOME TO ROYAL SPA AT THE PALACE

OFFERING A TRULY INDULGENT  
AND LUXURIOUS SPA EXPERIENCE  
FIT FOR ROYALTY.

Royal Spa is uniquely designed to create a naturally elegant healing sanctuary, set amongst the backdrop of lush botanical gardens and trickling streams to soothe and calm the senses, while restoring body, mind and soul.

The Royal Spa experience is inspired by our local heritage, its healing traditions and unsurpassed hospitality. With the promise of a true sensory journey where traditional therapies combine with the latest international treatments and products.

Everyone deserves to be treated like royalty and our bespoke spa experience at Royal Spa promises you just that.





# BRAND PARTNERS

**JUST LIKE EVERY OTHER SERVICE AT THE PALACE OF THE LOST CITY, PERSONALISATION IS KEY.**

FROM OUR PROFESSIONAL STAFF'S ATTENTION TO DETAIL TO THE USE OF OUR PRESTIGIOUS BRANDS SUCH AS **THALGO LA BEAUTÉ MARINE, iS CLINICAL, SWISS BELLEFONTAINE AND DAVINES**, IT IS EASY TO IDENTIFY THAT WELLNESS IS THE CORNERSTONE OF ROYAL SPA'S APPROACH.

## THALGO LA BEAUTÉ MARINE

### DISCOVER MARINE BEAUTY

Just like the sea revitalises body and mind, Thalgo has always combined efficacy and well-being. Thalgo infuses this marine energy into results-driven beauty products, nutritional supplements and protocols.

The emblems of Thalgo's Professional Excellence, the professional Face and Body Journeys combine technical expertise, performance, and sensory pleasure to enhance the beauty of every man and woman.

## iS CLINICAL

iS Clinical, a global brand, is a scientifically advanced luxury skincare line that bridges the gap between science and beauty. iS Clinical is dedicated to producing highly effective, clinically validated skincare products that deliver dramatic physiological improvements to the skin.

## SWISS BELLEFONTAINE

### THE LEADER IN LUXURY AVANT-GARDE UNRIVALLED SPA TREATMENTS AND PRODUCTS

Unrivalled Haute Avant-Garde Anti-Ageing Spa treatments and products that embrace global inner and outer Anti-Ageing Beauty. Bellefontaine's bespoke lifestyle approach incorporates science, style, age, stress, mindfulness, nutrition, sleep and wellness. The luxurious Bellefontaine brand offers a results orientated anti-ageing Spa experience with a synergy between holistic wellness and science.

## DAVINES

### SUSTAINABLE BEAUTY FOR YOUR HAIR

At Davines every product is born from intuition and is processed with an artisan spirit using the most advanced cosmetic technologies. Beauty and sustainability are the inspirational concepts behind Davines hair products, and are created using renewable energy, formulated using ingredients from natural origins, and packaged in an environmentally friendly way. Davines is a certified B Corp.



# MASSAGE THERAPIES

## ROYAL SPA SIGNATURE MASSAGE

**60min R1 200 | 90min R1 500**

This massage journey combines Hot Stone, Kahuna, Balinese and Indian Head massage techniques and incorporates the use of our signature massage candle, to melt away tension and delicately nourish the skin. Specifically tailored to relax and comfort.

## INTENSIVE MUSCLE REPAIR

**60min R990 | 90min R1 300**

This rhythmic pressure massage targets stubborn knots in areas of stress by applying compression to the muscles and cross-fibre friction to the joints and connective tissue areas. A stimulating and deeply energising treatment. A perfect treatment for those who require a stronger massage.

## HARMONIOUS STONE THERAPY

**60min R990 | 90min R1 300**

A relaxing massage enhanced by the use of heated lava stones. The heat penetrates deep into the muscles and joints, relieving stress and tension. This massage treatment will transport you to a state of deep calm and energised vitality.

## NATURALLY SWEDISH

**60min R900 | 90min R1 200**

This classic massage manipulates muscles to release tension and muscular stiffness, creating an overall feeling of relaxation. Your therapist will use long, gliding hand strokes with light to moderate pressure.

## MOM TO BE MASSAGE

**60min R900**

To relax and uplift Moms to Be. Performed only after the first trimester, this nurturing treatment aids to relieve tension in the lower and upper back, as well as reduce swelling of the hands and feet.

## BACK, NECK & SHOULDER MASSAGE

**30min R600 | 45min R760 | 60min R900**

This massage focuses on relieving tension on the neck, shoulders, upper and lower back.

## BALANCING FOOT MASSAGE

**30min R600 | R45min R760**

This treatment applies pressure to various points on the feet to induce relaxation. Perfect to soothe tired, aching feet whilst travelling.



## ENERGY HEALING

### ROYAL SPA CBD WELLNESS MASSAGE

**60min R900 | 90min R1 300**

Begin this wellness experience with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of calm, followed by a full body massage incorporating CBD oil. This therapeutic treatment is designed to decrease pain and inflammation whilst boosting the immune system and promoting restorative sleep. THC Free and 100% legal.

### HEALING AROMA MASSAGE

**60 min R990 | 90 min R1 300**

This bespoke aromatic massage treatment incorporates your choice of essential oil extract; providing a sense of well-being and pure relaxation. Your therapist uses light to moderate pressure to melt away tension and promote a flow of energy.

### HARMONISING MASSAGE

**60 min R1 100**

Inspired by Ayurveda this harmonising massage regains balance of the body; merges efficacy and well-being, by combining the science of Marma, Chakra and Dosha points. This massage skilfully combines gentle, enveloping movements and more toning movements to harmonise the body and mind.

### INDIAN HEAD MASSAGE

**30 min R600**

The ultimate therapeutic massage of the head, neck, shoulders and face. This traditional massage is excellent for relieving stress and promoting relaxation.

## MASSAGE ADD-ONS

Exfoliation for the Back	15 min	R180
Relieving Scalp Massage	15 min	R180
CBD Oil		R180
Hot Stones		R180
Soft Cupping Therapy		R180

## BODY THERAPY

### MARINE ALGAE DETOX WRAP

**60min R1 400**

100% pure and natural patented marine algae, rich in minerals, vitamins and trace elements. A deeply relaxing body wrap providing intensive remineralisation and detoxification. Ideal for all skin conditions.

### HYDRATING OR DETOX BODY WRAP

**45min R780**

Customise your treatment and choose between a relaxing or an invigorating aroma wellness body wrap. Hydrate with Neroli and Vanilla essential oils or detoxify with Peppermint and Rosemary essential oils.

### SALT BODY POLISH

**30min R600**

A full body exfoliation combining natural salt and coconut oil. Luxurious and nourishing, this treatment leaves your skin velvety smooth and looking radiant.

## FIRMING BODY THERAPY

### CELLULITE CUPPING TREATMENT

**30min R660 | 60min R900**

Firm, tone and reshape your body with the combination of cupping, hands-on massage and the use of a copper mitt. Performed with premium handcrafted all-natural aromatherapy oils formulated to target the visible signs of cellulite, to expel toxins and breakdown lipids to detoxify and to give your body the ultimate deep cleanse. Target one area for 30min or target more than one area for 60mins.



# SIGNATURE HYDROTHERAPY

## RASUL SPA RITUAL

**30min R500pp**

The Rasul treatment is a traditional Arabian cleansing ritual, which leaves you feeling calm and your skin beautifully exfoliated. A self-application of salt and mud detoxifies and rejuvenates the body and leaves skin satin smooth. Warm steam envelopes the room, and allows you to comfortably relax and unwind.

## HIMALAYAN CRYSTAL SALT SAUNA

**30min R400**

Lined with hand-crafted blocks of pure Himalayan salt, our Himalayan salt sauna offers multiple health benefits, detoxifying and replenishing the body and boosting the immune system, all whilst evoking a warm and soothing effect.

# BATHOLOGY

BATHOLOGY EMBODIES THE ESSENCE OF BATHING, COMBINING FACILITIES STEEPED IN THOUSANDS OF YEARS OF TRADITION WITH THE MOST MODERN INNOVATIONS. ROYAL SPA INVITES YOU TO TAILOR YOUR ATMOSPHERE WITH A BLENDING OF HEAT, COLOUR, AROMA, AND WATER TO CREATE A PERSONALISED RESTORATIVE BATHING SESSION.

## MARINE ALGAE DETOX HYDROBATH

**30min R720**

A profound therapeutic experience where natural algae extracts help to remineralize the body, providing powerful detoxification. Balances and recharges the system.

## LAGOON RELAXING BATH

**30min R450**

Rich in trace minerals and marine minerals, this blue lagoon bath instantly immerses the body into relaxing and comforting water while experiencing the relaxing feeling of hundreds of effervescent micro-bubbles. With aquatic aromas reminiscent of the atolls of the Polynesian Islands.

## ROYAL SIGNATURE REJUVENATING SHIMMER MILK HYDROBATH

**30min R420**

This sensorial milk bath is rich in vitamins to regenerate, rejuvenate and remineralise the skin.





## ADVANCED SKIN CLINIC TREATMENTS

Non-surgical advanced skincare

### FIRE & ICE RESURFACING FACIAL

#### 60min R1 450

Experience the resurfacing and rejuvenation of the legendary Fire & Ice skin treatment. Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, diminished look of blemishes, and improved appearance of fine lines and wrinkles – all with little to no downtime.

### LED LIGHT THERAPY TREATMENT

#### Add-On To Facial 20min R375

Rejuvenate your skin with this best-in-class LED light therapy. The Déesse PRO™ Light Therapy Mask provides cutting-edge technology to transform your skin. Requiring no downtime, this treatment mask uses two clinically proven wavelengths of light (630nm Red and 830nm Near Infrared) to target the multiple signs of ageing and rejuvenate your skin. Both wavelengths are harnessed at the perfect level by Déesse PRO technology to stimulate collagen and elastin production within the cells and improve blood flow and tissue oxygenation, while helping your skin become stronger, firmer and brighter.

### COOLIFT CRYOTHERAPY FACIAL

#### Add-On To Facial R600

A revolutionary non-invasive, anti-ageing treatment which challenges the effects of ageing on the face leaving it looking younger and brighter in an instant. The Cryo - Carboxytherapy exposes the facial tissues to a powerful shot of CO2 at a very low temperature and a high pressure, producing immediate results. To rejuvenate, hydrate, plump and lock in the skin's moisture whilst regenerating your complexion and improving the skin's texture and quality.

### OXYGEN FACIAL THERAPY

#### Infusion Add-On to Facial 30min R600 | 90min R1 400

During this treatment, oxygen is infused into the skin at a pureness of between 93% - 98% through atmospheric pressure. Oxygen Infusion, Oxygen Spray by airbrush and Oxygen Inhalation combine to gently penetrate and rejuvenate the skin. Oxygen Facial Therapy assists to plump and hydrate dry and dull skin, diminish fine lines by stimulating collagen and balances skin moisture levels.



## THALGO iBEAUTY PRO

THE HIGH-PERFORMANCE iBEAUTY PRO IS A REVOLUTIONARY TREATMENT DEVICE THAT UTILIZES SOUND WAVES AND SEQUENTIAL ULTRASOUND TO GENTLY EXFOLIATE AND HYDRATE THE SKIN. IT LIFTS AND SHAPES THE FACIAL CONTOURS LEAVING A YOUTHFUL AND FIRM SKIN.

### iBEAUTY WRINKLE CORRECTOR

**45min R980**

This anti-ageing treatment uses a new marine cosmetic product, I SMOOTH, alongside the iBeauty’s latest ultrasound technology in fibrolysis mode to target all types of fine lines and wrinkles by reactivating the skin regeneration process. The skin is smoothed and the appearance of wrinkles is visibly reduced.

### iBEAUTY HYDRATION CORRECTOR

**45min R790**

The ideal partner for dehydrated, dull skin. This treatment boosts natural moisture while drenching the skin in remineralising and rehydrating active ingredients. The skin is fresh, bright and intensely hydrated.

### iBEAUTY YOUTH ACTIVATOR

**45min R790**

This anti-aging facial is perfect for anyone looking to defy time and restore a rejuvenated appearance to their skin. Following a cleansing, the skin is exfoliated with iBeauty’s sound vibrations technology. The application of Hyaluronic acid while using iBeauty’s tripolar radio-frequency technology restores the skin’s plumpness and firmness. The complexion is smoother, lines are plumped, and skin tissue is firmer.

### iBEAUTY SKIN PURITY REVIVER

**30min R660**

This deep cleansing treatment is perfect for those with acne or congested skin types. It is the ideal combination of zinc and salicylic acid, developed specifically to work in synergy with iBeauty’s sound vibrations and sequential ultrasound technologies to remove impurities and restore perfect balance to the complexion. The skin is healthier and brighter from the very first session.

## BEAUTY TOUCHES

<b>eyebrow tint</b>	<b>15min</b>	<b>R270</b>
<b>eyelash tint</b>	<b>20min</b>	<b>R210</b>
<b>Lash &amp; Brow Tint</b>	<b>20min</b>	<b>R190</b>

### THREADING

<b>Brow Shape</b>	<b>15min</b>	<b>R190</b>
<b>Brow Shape &amp; Tint</b>	<b>20min</b>	<b>R240</b>
<b>Lip</b>	<b>15min</b>	<b>R190</b>
<b>Chin</b>	<b>15min</b>	<b>R230</b>
<b>Full Face</b>	<b>45min</b>	<b>R570</b>

### LASH LIFT & BROW LAMINATION

<b>Lash Lift</b>	<b>30min</b>	<b>R600</b>
<b>Brow Lamination</b>	<b>30min</b>	<b>R600</b>
<b>Add Lash/Brown Tint</b>	<b>10min</b>	<b>R80</b>
<b>Add Brow Wax/Shape</b>	<b>10min</b>	<b>R80</b>

### MAKEUP

<b>Bridal &amp; Occasion Makeup</b>	<b>75min</b>	<b>R1200</b>
<b>Evening Makeup</b>	<b>75min</b>	<b>R800</b>
<b>Daytime Makeup</b>	<b>60min</b>	<b>R600</b>

## WAXING

<b>Back/Chest</b>	<b>45min</b>	<b>R520</b>
<b>Full Leg</b>	<b>45min</b>	<b>R490</b>
<b>Full Face</b>	<b>20min</b>	<b>R480</b>
<b>Brazilian</b>	<b>30min</b>	<b>R440</b>
<b>Hollywood</b>	<b>30min</b>	<b>R430</b>
<b>Half Leg</b>	<b>30min</b>	<b>R420</b>
<b>Full Arm</b>	<b>30min</b>	<b>R420</b>
<b>Half Chest</b>	<b>30min</b>	<b>R420</b>
<b>Bikini</b>	<b>20min</b>	<b>R270</b>
<b>Half Arm</b>	<b>20min</b>	<b>R270</b>
<b>Underarm/Sides of Face</b>	<b>20min</b>	<b>R260</b>
<b>Lip/Chin/Brow</b>	<b>15min</b>	<b>R190</b>

## MANICURES & PEDICURES

### HAND CARE

<b>Royal Spa Manicure</b>	<b>60min</b>	<b>R620</b>
<b>Gelish Manicure</b>	<b>60min</b>	<b>R620</b>
<b>Nail Care &amp; Gel Polish</b>	<b>45min</b>	<b>R500</b>
<b>On-The-Go Manicure</b>	<b>30min</b>	<b>R450</b>
<b>Paraffin Dip on hands</b>	<b>15min</b>	<b>R190</b>

### FOOT CARE

<b>Royal Spa Pedicure</b>	<b>60min</b>	<b>R660</b>
<b>Gelish Pedicure</b>	<b>60min</b>	<b>R660</b>
<b>Nail Care &amp; Gel Polish</b>	<b>45min</b>	<b>R500</b>
<b>On-The-Go Pedicure</b>	<b>30min</b>	<b>R450</b>
<b>Elim Mediheel Peel Add-On</b>	<b>20min</b>	<b>R190</b>

### ELIM ADVANCE PEDICURE

**90 min R850**

Restore dry areas, cracked heels and nails with a callus peel, neutralisation, anti-bacterial soak, enzymatic exfoliation, detox mask, massage with Elim Foot Perfector and Gold Dust. Includes cuticle removal & hydration with Elim Cuticle MD, a file, clip, buff and paint.

### HAND & FOOT CARE

<b>Revarnish on hands or feet</b>	<b>20min</b>	<b>R300</b>
<b>Gel Polish Add-On</b>	<b>30min</b>	<b>R220</b>
<b>Paraffin Dip on hands or feet</b>	<b>15min</b>	<b>R190</b>
<b>Gel Polish Removal</b>	<b>20min</b>	<b>R160</b>

## NAIL BAR

<b>Clear Tips &amp; Overlay</b>	<b>75min</b>	<b>R600</b>
<b>Clear/Colour Acrylic Overlay</b>	<b>75min</b>	<b>R540</b>
<b>Acrylic Fill</b>	<b>60min</b>	<b>R450</b>
<b>Artificial Nail Removal</b>		<b>R240</b>
<b>Nail Repair (Per Nail)</b>	<b>15min</b>	<b>R100</b>
<b>Nail Art (Per Nail)</b>		<b>R30</b>

# ROYAL SPA EXPERIENCES

## ROYAL SPA SUITE ULTIMATE EXPERIENCE

**2hrs R3 000pp | R4 800 for two**

Personalise your ultimate treatment experience in the serene space of your own spa suite. A perfect haven for relaxation with a friend, a loved one or to simply indulge in your own ‘me-time’ moment.

Includes:

- Enjoy the suite’s facilities for 30 mins before your treatment commences and for 30 mins afterwards.
- Any 60 min treatment of your choice
- Use of the Himalayan Salt Sauna & Rasul
- Bottle of Sparkling Wine

## ROYAL SPA BESPOKE JOURNEY

**2hrs 30min R2 100 | 4hrs 30min R4 500\***

A customised journey to wellness...Choose from any of the treatments below, and spend your desired amount of time in pure bliss.

\*4hrs 30min option includes lunch.

30min:

- Indian Head Massage
- Salt Body Polish
- Hydrating Body Wrap
- Detox Body Wrap

60min:

- Healing Aroma or Harmonious Stones Massage
- Royals Hydrating Facial
- Royal Spa Pedicure

## HARMONISING JOURNEY

**120min R2 100 pp | R3 600 for two** *(includes a glass of sparkling wine)*

Unwind during a journey to the sacred land of India. This entirely manual massage using essential oils used in Ayurveda, looks to the science of Marma, Chakra and Dosha to release tension points and thereby restore mind and body harmony. Includes a Precious Milk Bath, Ginger Scrub and Harmonising massage.

## RELAXING JOURNEY

**120min R2 100 pp | R3 600 for two** *(includes a glass of sparkling wine)*

Escape to the azure water of the Pacific Islands to prepare for deep relaxation with optimised hydration and remineralisation. A relaxing massage ritual with warm sand pouches inspired by the rocking movement of the waves for deep relaxation. Immersed in the Islands of the Pacific, body and mind are completely regenerated.



# ROYAL SPA KIDS

<b>Enchanting Nails</b> (Hands & Feet, Shape and Paint)	<b>20min</b>	<b>R290</b>
<b>Majestic Mani</b>	<b>30min</b>	<b>R350</b>
<b>Perfect Pedi</b>	<b>30min</b>	<b>R350</b>
<b>Little Prince or Little Princess Back Massage</b>	<b>20min</b>	<b>R340</b>
<b>Little Royals Head &amp; Foot Massage</b>	<b>20min</b>	<b>R340</b>
<b>Little King or Little Queen Facial</b>	<b>30min</b>	<b>R490</b>

# ROYAL SALON

## ONE DIMENSIONAL COLOUR

*(Permanent / Demi Colour)*

Short	R850
Medium	R1030
Long	R1140
Full Bleach Roots	R730

## TWO-DIMENSIONAL COLOUR

*(Base Colour with High/Low-Lights)*

Half Head Short	R890
Half Head Medium	R1090
Half Head Long	R1240

Full Head Short	R1100
Full Head Medium	R1300
Full Head Long	R1600
Per Foil (Extra)	R120
Few Scattered	R500

*Additional length will lead to additional charges*

Toner Only	R390
------------	------

## KERATIN SMOOTHING TREATMENT

PROFESSIONAL RECONSTRUCTION TREATMENT FOR DAMAGED HAIR. IT SEALS CUTICLES, IT STRENGTHENS AND PROTECTS THE HAIR FIBRE WITH AN ANTIOXIDANT ACTION. THE HAIR IS IMMEDIATELY COMPACT, SOFT AND SHINY.

Short	R1700
Medium	R2300
Long	R3100

## BALAYAGE

WITH THIS HAIR COLOUR TECHNIQUE, HIGHLIGHTS ARE HAND-PAINTED OR "SWEEP" ON THE SURFACE OF SECTIONS OF THE HAIR. BALAYAGE HIGHLIGHTS ARE USUALLY JUST A FEW SHADES LIGHTER THAN YOUR BASE COLOUR, GIVING YOUR HAIR NATURAL DEPTH AND DIMENSION.

Full Balayage	R1600
---------------	-------





STYLING

Wash Only	R150
Cut Only	R360

Wash and Blow/Flat Iron Short	R380
Wash and Blow/Flat Iron Medium	R410
Wash and Blow/Flat Iron Long	R450

Wash, Cut and Blow/Flat Iron Short	R700
Wash, Cut and Blow/Flat Iron Medium	R750
Wash, Cut and Blow/Flat Iron Long	R820

Special Styling	R800
Bridal	R1200

KIDS HAIR

(under 12 years)

Boys Cut	R220
Girls Cut	R220
Girls Blowdry	R220



# GENTLEMAN'S GROOMING LOUNGE

PROVIDING SOPHISTICATED GENTLEMEN WITH A COLLECTION OF SPECIALISED SPA TREATMENTS AND GROOMING SERVICES.

## HAIR

Gent's Classic Haircut	R250
Gent's Classic Haircut & Style with Wash	R400
Head Shave	R200
Gent's Tint	R380

## SHAVING

Kings Express Shave	R500
Hot Towels, Cleanse, Exfoliate, Oil, Foam, Shave, Moisturise	
Majestic Hot Towel Treatment	R720
Facial Mask, Eye Gel with Scalp Massage	
Gent's Cut And Shave	R790
Beard Trim	R100
Add-On Beard & Moustache Trim	R150

## GENTS SIGNATURE EXPERIENCES

### GENTS RETREAT

2hrs 30min R2 700

Rejuvenate skin and body with a revitalising Kings Fortifying Facial, Intensive Muscle Repair or Harmonious Stones Body Massage and an Indian Head Massage.

### ROYAL SPA LUXURY GROOMING EXPERIENCE

90min R1 400

Revitalise with a Gent's Classic Haircut, Shave and Majestic Skin Facial.

# SPA ETIQUETTE

- Prices are subject to change without prior notice.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change into your gown and slippers and to complete a consultation form with your therapist.
- In a spirit of mutual respect, we kindly request punctuality.
- Please advise us of any health conditions, allergies, injuries, recent medical or cosmetic procedures, which could affect your spa experience.
- To preserve our tranquil environment, we respectfully request that you leave mobile phones switched to silent mode.
- Children aged 16 years and younger may not make use of the spa unless accompanied by an adult.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for service excellence.
- We request that you please leave jewellery and valuables in your hotel room safe or please store these in your locker.
- The Royal Spa and Salon (Pty) Ltd with registration number 2022/264885/07 which operates as the Royal Spa, accepts no liability whatsoever for any claim including but not limited to death, harm, injury or loss or destruction of or damage to any property in or on the Royal Spa premises, howsoever and whensoever caused irrespective of whether same arises as a result of participating in any activity or offering on the Royal Spa premises.
- Products purchased at The Royal Spa at The Palace are non-refundable, due to public health reasons. Defective products may be returned and will only be refunded / replaced if the products are indeed defective and the correct storage/usage instructions were followed. Please retain your receipts as proof of purchase.
- All prices are inclusive of Value-Added Tax (VAT).

## SPA FACILITIES

Royal Spa offers the following facilities and services to complement your journey with us:

- Enjoy the private oasis of one of our Royal Spa Suites
- Wet areas, complete with Himalayan Crystal Salt Sauna, Rasul, en-suite Sensation Showers and Hydrobaths which can be enjoyed as part of selected packages or at an additional cost

- Relaxation Zone
- Ladies and Gents Showers and changing room areas
- Spa Cuisine inspired by healthy living

## SPA CUISINE

A passion for food, combined with the attention devoted to well-being, come together in our spa cuisine. Available on request and designed to complement all therapies as well as tastes. It is beautifully created to be delicious, healthy and indulgent. Please scan our cuisine menu QR code or request a menu on arrival.

## CANCELLATION POLICY

- Please note that 24 hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

## MAKING AN APPOINTMENT

Advance appointments are highly recommended to avoid disappointment.

### ROYAL SPA

**Tel:** 014 557 4337

**Email:** [frontdesk@royalspathepalace.co.za](mailto:frontdesk@royalspathepalace.co.za)

### ROYAL SALON

**Tel:** 014 557 4338

**Email:** [salon@royalspathepalace.co.za](mailto:salon@royalspathepalace.co.za)

**Operating Hours:** Royal Spa and Royal Salon are open daily from 9:00am to 9:00pm to all hotel guests and visitors.

The Spa is located on the Ground Floor of The Palace of the Lost City.

Our Spa Team is on hand to guide you in curating your spa experience.