



Bem Vindo!

Beira Alta was established in 1999 and has been serving the Ballito community delicious, fresh and tasty Portuguese food since 2003. We take pride in using only the finest ingredients, herbs and spices with recipes that have evolved over time into Portuguese cuisine with a distinct and flavourful African influence. We welcome you and hope that you enjoy.

"Bom Apetito!"

All products subject to availability

Prices inclusive of Vat

Service charge not included

Traces of Nuts may be found in certain of our products



STARTERS

- Entradas -

KALE SOUP 70

Caldo Verde

Traditional Portuguese soup made with kale, blended potatoes, onion & drizzled with olive oil

- with or without Chourico

CHICKEN LIVERS 70

Fígados de Galinha

Grilled fresh chicken livers served spicy or lemon & herb

GIBLETS 68

Moelas Guisadas

Stewed chicken gIBLETS in a tomato, garlic, white wine, onion and bell pepper sauce

TRINCHADO 138

Pica Pau

Succulent pan-fried fillet cuts in chefs bay leaf, white wine and garlic sauce

🔥 CHOURIÇO 138

Whole grilled smoked Portuguese pork sausage

GRILLED SARDINES 75

Sardinhas Assadas

Grilled coarse salt crusted Sardines seasoned with lemon and olive oil

🔥 GRILLED CALAMARI 99

Lulas Grelhadas

Calamari tubes and tentacles in our lemon butter sauce, served spicy or plain

🔥 PAN-FRIED GARLIC PRAWNS 125

Camarão

5 BA small Prawns in the shell pan fried in olive oil, whole garlic, sea salt and a touch of chilli

🔥 PRAWN RISsoles 85

Rissoles De Camarão

3 Deep fried crumbed shrimp turnovers with a spicy Prawn filling

OYSTERS 44

Ostras

(on availability) each

Please ask your waiter for today's oyster selection

MIXED STARTER PLATTER 198

Tapa Mista

Calamari, Chicken Livers and Chourico served with a spicy or lemon herb sauce

PORTUGUESE BREAD ROLL 9

Pão Seco

Complimentary bread rolls will be provided at initial seating only



SALADS

- Saladas -

All Served with our Portuguese dressing

PORTUGUESE SALAD 98

Salada ã Portuguesa

Mixed lettuce, cucumber, tomatoes, red onions & black olives, carrots and mixed peppers

ADD - Creamy Feta 21

ADD - Avocado 21

SMOKED SALMON SALAD 195

Salada De Salmão Fumado

Smoked Salmon on a Portuguese salad topped with Cottage cheese

CALAMARI & PRAWN SALAD 245

Salada De Lulas e Camarão

Grilled Calamari, 4 BA small Prawns and Avocado on a Portuguese Salad

CHICKEN SALAD 185

Salada De Galinha

Sliced, Blackened Chicken Breasts on a Portuguese Salad topped with Creamy Feta & Avo

CHEF FERNANDO'S SALAD 175

Salada Do Chef Fernando

Grilled Chicken Livers & Chouriço topped with creamy Feta & Avo on a Portuguese Salad

PASTA

- Massa -

CHICKEN & CHOURIÇO LINGUINI 130

Massa Com Frango e Chouriço

Chicken breasts & Chouriço in a creamy tomato white wine sauce

CALAMARI & PRAWN LINGUINI 235

Massa Com Camarão e Lulas

Grilled calamari and 4 BA small prawns tossed with linguini in Chefs famous prawns sauce

VEG LINGUINE 125

Massada De Vegetais

Stir-fry veg in olive oil, onion, tomato, garlic and chilli. Tossed with linguine and topped with feta cheese

MUSHROOM LINGUINE 105

Massa Com Cogumelos

Fresh sliced button mushrooms pan-fried with a touch of garlic shavings and tossed in a creamy white sauce

CURRIES

-Caril-

Served with white rice

PANEER CURRY 150

Paneer (Cottage Cheese) gently simmered in a coconut milk and Portuguese mild curry sauce

STIR FRIED VEGETABLE AND CHICKPEA CURRY 145

Caril De Grão E Legumes Salteados

Fresh vegetables & chickpeas tossed together in a mild coconut milk curry sauce

CHICKEN & PRAWN CURRY MOZAMBICAN STYLE 215

Caril De Camarão E Frango

Curried chicken and 4 BA small Prawns gently simmered in a mild coconut milk curry sauce



TRADITIONAL PORTUGUESE

- Pratos Tradicionais -
- Portugueses -

All main dishes served with a choice of a side order unless otherwise stated

CHICKEN PREGO 110

Prégo De Frango

Pan fried tender chicken breast fillet in our chicken prego sauce served in a Portuguese Roll with chips

BEEF PREGO 125

Prégo De Carne De Vaca

Pan fried matured steak in our white wine sauce served in a Portuguese Roll with chips

BITOQUE

200g Steak of your choice chargrilled with our Portuguese basting, topped with a fried egg and smoked hickory ham

Fillet 225 Sirloin 175

ESPETADA DA CASA 205

Skewered Rump chunks, Chouriço, bell peppers and onions basted and chargrilled with our signature Portuguese marinade.

(Medium to Rare recommended for succulence).

GRILLED COD 270

Bacalhau Assado

Char grilled cod fish served the traditional way with chickpeas, bell pepper, boiled egg and baby potatoes drizzled with olive oil

COD À BRÁS 220

Bacalhau à Brás

Shredded Cod fish, blended with garlic, onions, egg, shoestring potato chips, black olives and fresh parsley

BEIRA ALTA'S SEAFOOD RICE 295

Arroz De Marisco

Spicy tomato rice with mussels, fish calamari & prawns

PORK & BEAN STEW 170

Fêijoad

Traditional stew of pork cuts with Chouriço, onion, beans & spices, served with white rice

PORTUGUESE TRIPE 180

Dobrada

Portuguese style stew made with tripe, pork belly, Chouriço and selected Portuguese sausage, served with white rice

SEAFOOD

-Peixe e Marisco-

All main dishes served with a choice of a side order unless otherwise stated

GRILLED HAKE 155

Pescada Grelhada

Grilled Hake with lemon or garlic butter sauce (blackened on request)

LINE FISH 190

Peixe Do Dia

Grilled line fish of the day served with lemon or garlic butter sauce (Blackened on request)

GRILLED SOLE 225

Linguado

Grilled Sole served with lemon or garlic butter sauce (Blackened on request) - subject to availability

GRILLED KINGKLIP 280

Maruca

Grilled Kingklip fillet served with lemon or garlic butter sauce (Blackened on request)

GRILLED SARDINES 145

Sardinhas Assadas

Grilled coarse salt crusted Portuguese Sardines seasoned with lemon and olive oil

GRILLED CALAMARI 205

Lulas

Grilled Calamari tubes in our spicy or lemon & herb sauce

BA PRAWNS 245

Camarões

10 pan fried BA small Prawns piled on a platter served spicy or lemon herb sauce

MOM'S PAN-FRIED PRAWNS 285

Camarões Da Mãe

Our house specialty - 8 pan fried Queen Prawns piled on a platter served spicy or lemon herb sauce

CHAR GRILLED PRAWNS 335

Camarões Grelhados

Butterflied 8 King Prawns basted in Mom's secret sauce





FLAMED GRILLS

- Na Chama -

All main dishes served with a choice of a side order unless otherwise stated

PIRI-PIRI CHICKEN Half 140 | Full 210

Frango Assado (Free Range)

Free-range Char-Grilled baby chicken served spicy or lemon and herb sauce

CHICKEN BREASTS 135

Peto De Galinha

Grilled chicken breasts served spicy or lemon and herb sauce

AGED MATURED STEAKS

Bife Maturado

Basted with our signature Portuguese basting

Fillet 200g 195 | 300g 275

Sirloin 200g 165 | 300g 195

STEAK Á BEIRA ALTA

Bife Com Fígados De Galinha

200g steak of your choice chargrilled and topped with our spicy chicken livers

Fillet 225

Sirloin 195

RUBY PORT STEAK

Bife Com Molho De Vinho Do Port

200g Steak of your choice chargrilled, decked with slices of sautéed mushrooms, grilled sliced Chouriço and smothered with our creamy Ruby Port sauce

Fillet 225

Sirloin 195

LAMB CHOPS 285

Costeletas De Borrego

3 X 120g Lamb Loin chops grilled in our Portuguese basting

THICK CUT PORK LOIN CHOPS 175

Costeletas De Porco

2 x 200g thick cut grilled Pork loin chops finished off in olive oil, garlic, chilli, Sea salt and fresh lemon juice

PORK RIBS 250

Entrecosto

450g succulent pork ribs basted in our in-house barbeque sauce

PORTUGUESE BURGER 155

Hamburger a Portuguesa

Home ground beef topped with Chouriço slices

BEYOND BURGER 185

Hamburger Vegano (Pure Vegan)

Plant based burger pattie with tomato, lettuce, grilled onions, avocado and plant-based mayo

SAUCES 35

Madagascan pepper | Mushroom | Ruby Port Wine

BA's FAMOUS COMBOS & PLATTERS

- Travessas -

All main dishes served with a choice of a side order unless otherwise stated

BA's MIXED GRILL 225

Grelha Mista

Half grilled baby chicken, Calamari and Chourico

BA's FAMOUS CHICKEN & PRAWN COMBO 240

Combinação Famosa

Half grilled baby chicken, with pan-fried prawns in Mom's secret sauce

CHEFS SEAFOOD PLATTER (For One) 265

Travessa De Marisco Misto

(For Two) 500

Calamari, Fish of the day, and 3 prawns

BA'S SEAFOOD PLATTER (For One) 685

Travessa De Marisco Misto

(For Two) 1345

Queens Prawns, Kings Prawns, Calamari, Fish of the day, and Mussels, Half Baby Lobster

SURF & TURF

Terra e Mar

Chargrilled 200g steak in our Portuguese basting topped with 4 BA small Prawns in a herb port wine sauce

Fillet 285

Sirloin 255

CHICKEN FILLET & GAMBAS 185

Peito De Galinha Com Gambas

Pan-fried Chicken fillet topped with 4 BA small Prawns pan fried in olive oil, garlic, chilli, sea salt and fresh lemon juice

THICK CUT PORK CHOP & GAMBAS 225

Costeletas De Carne De Porco e Gambas

Grilled 200g Pork Loin Chop topped with 4 BA small Prawn's pan fried in olive oil, garlic, chilli, sea salt and fresh lemon juice

LAMB CHOPS & PRAWNS 305

Costeletas De Borrego Com Gambas

2 x 120g Lamb loin chops and 4 BA small Prawns with lemon herb or BA's spicy sauce

HALF BABY CHICKEN & CALAMARI 205

Galinha e Lulas

Half grilled baby chicken and calamari with lemon herb or BA's spicy sauce

CALAMARI & PRAWNS 230

Lulas e Camarão

Grilled Calamari and 4 BA small Prawns with lemon herb or BA's spicy sauce

HAKE & CALAMARI 195

Pescada e Lulas

Grilled hake and calamari with lemon herb or BA's spicy sauce

HAKE & PRAWNS 205

Pescada e Camarão

Grilled hake and 4 BA small Prawns with lemon herb or BA's spicy sauce



ON THE SIDE

-Acompanhamentos-

-  **BOILED BABY JACKET POTATOES** 30
Batatinhas Cozidas
-  **POTATO FRIES** 30
Batatas Fritas
 Fresh cut potatoes, deep fried, crispy & lightly salted
-  **SWEET POTATO FRIES** 35
Batata Doce Frita
 Sweet potatoes, deep fried & lightly salted
-  **TOMATO RICE** 30
Arroz De Tomate
 Rice cooked in a traditional homemade spiced tomato sauce with kidney beans
-  **PORTUGUESE SIDE SALAD** 39
Salada Portuguesa
 Mixed lettuce, cucumber, tomatoes, red onions & black olives with Portuguese dressing
-  **STIR-FRIED MIXED VEG** 55
Legumes Salteados

FOR THE LITTLE ONES

-Para as Crianças-

- FISH FINGERS & CHIPS** 79
Douradinhos
 Deep fried crumbed fish fingers
- CHICKEN STRIPS & CHIPS** 79
Tras De Frango
 Deep fried crumbed chicken strips
- TRINCHADO & CHIPS** 150
Bife e Batatas Fritas
 Succulent pan-fried fillet cuts lemon herb

SWEET TREATS

-Sobremesa-

PORTUGUESE CUSTARD TARTLETS 65

Pastels De Nata

2 Puff pastry cups filled with custard filling, baked & caramelized

LEITE 70

Crème à Portuguesa

A zesty Portuguese style creme Brule

SALAME DE CHOCOLATE 78

Chocolate and biscuit salami served with cream or ice

CHOCOLATE BROWNIES 75

Decadent chocolate pecan nut brownies smothered in chocolate fudge sauce, served with your choice of cream or ice cream

HAZELNUT PAVLOVA 89

Pavlova De Avelã

Layers of soft meringue filled with chocolate, smooth cottage cheese mixed with Kahlua and cream, topped with roasted hazelnuts and sprinkled with chocolate

PYRAMID CHOCOLATE LOG CHEESE CAKE 89

Cottage Cheese layered with tennis biscuits, crispy mint chocolate and coated with Nutella

ICE CREAM AND CHOCOLATE FUDGE SAUCE 55

Gelado Com Molho De Chocolate

Huberto's Ice Cream with our homemade hot chocolate fudge sauce

DOM PEDRO 79

Double tot 50ml

Choice of
Irish Whiskey
Amaretto
Kahlua
Amarula
Frangelico

DONA AMALIA 77

Espresso 1920 Brandy and Ice Cream

**Alcohol not for sale to persons under the age of 18*

