

ACTIVITY LIST 2024

From water sports to game drives, Sun City offers a variety of entertainment for your enjoyment



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MANKWE GAMETRACKERS

Whether you're looking to do hot air balloon, go on a game drive, or go quad biking, Mankwe Gametrackers gives you the opportunity to do it all.

Group Game Drives

Group: Privatised 20 - 450 pax **R780 pp**

Game Drive + Lunch (6 hours) **R1 880pp**
(min 20 people)

Transfer to Letsatsing or Botsalanong Boma (return)
min: 20 pax

R185 pp

Individual: Non-privatised (3 hours)
Scheduled Game Drive

Adult **R850 pp**

Under 16 **R425 pp**

**This is a child-friendly activity, however, children up to 12 years must be accompanied by a parent or legal guardian.*

MANKWE GAMETRACKERS

Exclusive Safari Game Drive (5 hours)

- Inclusive of beverages and snacks
- Max 7 guests **R 12 000 + 90 pp**

Game Drive (3 hours)

Private vehicles: 1 - 10 guests **R8 300 + R90** **(R40 under 16) pp**

Private vehicles: 11 - 25 guests **R15 300 + R90** **(R40 under 16) pp**

Bush Venue (Letsatsing Game Park, Sun City) 5 hours

Game Drive + Wallow Lunch (lite lunch menu) min 15 **R1140pp**

Game Drive + Wallow Dinner (Braai Menu) min 15 **R1430pp**

The Wallow Function menu only (Including return transfer, welcome drink & venue)

Cocktail menu **R350pp**

Light lunch menu **R540pp**

Hot & Cold menu **R590pp**

Braai menu **R650pp**

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EMAIL: info@mankwegametrackers.co.za

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HOT AIR BALLOON SAFARIS

Allow us to take you on a journey above the pristine wilderness, sometimes drifting above the mountain tops, skimming over the trees or gliding over the water.

Balloon Safaris -Individuals

- 4 - 5 hours including a 1-hour flight
- 8 - 60 guests (subject to availability of outsourced balloons)
- Includes hotel collection, sparkling wine on landing & a drive through the park for breakfast at a bush venue

Scheduled Flight

R6000 pp

Exclusive Flight (2 people)

R24 000 pp

HIKING ACTIVITIES

Bush Walk in Pilanesberg National Park

- Bush Walks (4 hours)
- Min 4 - max 32 guests (only early mornings) no under 16s

R990 pp

Family Bush Walk

- 2 ½ hour Guided Walk
- Conducted daily, all year round at 07h00 and 15h30
- Min: 4 - max 20 guests per session

R450 pp

Under 16

R230 pp



Sum City

OUTDOOR ADVENTURE CENTRE

Amazing Race 2 hours	Group: 20 +	R610 pp
SMS Amazing Race 3 hours With quads & archery modules included	Group: 20 +	R830 pp
Interactive Drumming: <ul style="list-style-type: none">• 1 hour (including transfer & venue)• 1 hour (excluding transfer & venue)	Group: 20 + Group: 20 +	R260 pp R320 pp
Archery:	Outdoor Indoor	R390 pp R200 pp
Quad Biking: Includes transfer and briefing 1-hour	Adults Under 16	R 840 pp R 630 pp
30 minutes	Adults Under 16	R 600 pp R 450 pp
Paintball:	100 balls 200 balls 50 extra balls Target shooting 50 balls	R 250 pp R 350 pp R 120 pp R 200 pp
Marimba Band (1 hour)	5-piece 8-piece	R9 800 R13 200
African Tribal Dancing	5 dancers 8 dancers	R9 800 R13 200



The Wallow

Game Drive & Wallow Lunch (lite lunch menu)

R1 140 pp

Game Drive & Wallow Dinner (exclusive braai menu)

R1 430 pp

Functions

(Includes return transfer, welcome drink & venue)

15 - 72 guests

4 hours

Cocktail menu

R350 pp

Light Lunch menu

R540 pp

Hot & Cold menu

R590 pp

Braai menu

R650 pp

The above-mentioned is subject to availability

Percussion Band (20 minutes)

R8 630

Interactive Drumming (Min of 20 pax)

- Including transfer & venue
- Excluding transfer & venue

R260 pp

R320 pp

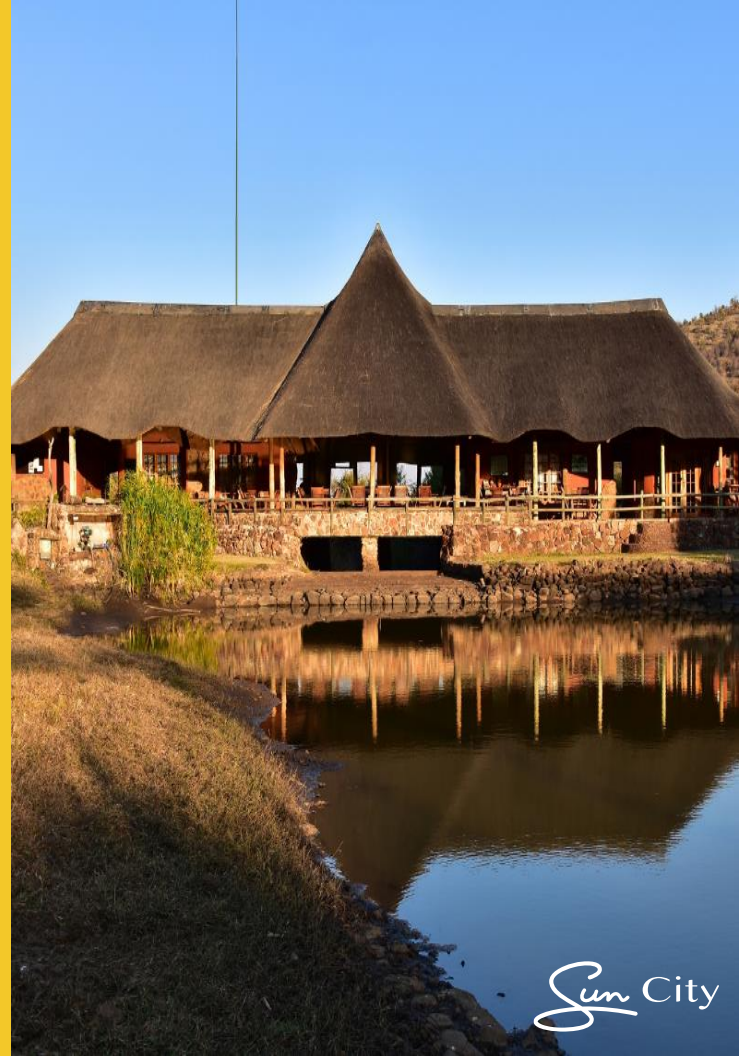
African Dancing & Marimba Band Combo (1 hour)

5 Performers

R15 500

8 Performers

R21 000





Chimp and Zee Rope Adventure: Valley of Waves

Rope adventure parks comprise individual elevated obstacles or interconnected challenges that form exciting adventure courses. These courses are typically made up of various elements – from high balancing beams, speedy zip lines, and hanging spider nets to jungle rope bridges and more.

This activity will be conducted daily, year-round

Operating hours are from 09h00 until 18h00.

- DURATION: 45 min
- COST:
- Min height: 1.2m
- Max weight: 120kg

R250 pp

- Please note: Excludes day visit entrance fees into Sun City and the Valley of Waves. A degree of physical fitness is required but if you can run up a flight of stairs, you should be fine.



LEETO-KGOLO VILLAGE TOUR

Moruleng

This exciting tour takes you to four Bakgatla heritage sites combined with a bike ride through the village. It includes breakfast at Tshilong, a local shebeen/tuckshop, where you'll learn about traditional food preparation, and concludes at TT's, a home restaurant. There is a slight adventure as the route takes you to different landscapes.

Duration: 3-hour tour

R990 pp

- Min of 4 guests

- Summer: Sep - Apr 08h00
- Winter: May - Aug 09h00

- Note: Same price for International guests



Mountain Biking

The mountain bike route consists of rocky terrain, rivulets, and mountainous terrain that is not too steep.

The route covers a distance of 9.7km through a private game park situated in the Sun City Resort bordering the Pilanesberg National Park.

It is a 700-ha reserve with plenty of wildlife such as wildebeest, impala, sable, zebra, giraffe, warthogs, nyala, kudu, and much more, not forgetting all the smaller creatures, critters, and birdlife.

- Excludes Bicycle & Safety Gear: **R90 pp**
- Includes Bicycle & Safety Gear: **R280 pp**
- Max weight: 120kg (if hiring a bicycle)

*Please note: A degree of physical fitness is required. Excludes day visitor entrance fee into Sun City and the Valley of Waves. No lead person, the rider will go on the route without any guidance.

Summer: March - October

06h00 until 17h00

Winter: April – September

07h00 until 16h00





ROYAL SPA

AT THE PALACE

TREATMENT MENU



MASSAGE THERAPIES

ROYAL SPA SIGNATURE MASSAGE

60min R1 320 | 90min R1 650

This massage journey combines Hot Stone, Kahuna, Balinese and Indian Head massage techniques and incorporates the use of our signature massage candle, to melt away tension and delicately nourish the skin. Specifically tailored to relax and comfort.

DEEP TISSUE MASSAGE

60min R 1 100 | 90min R1 430

This rhythmic pressure massage targets stubborn knots in areas of stress by applying compression to the muscles and cross-fibre friction to the joints and connective tissue areas. A stimulating and deeply energising treatment. A perfect treatment for those who require a stronger massage.

HOT STONE MASSAGE THERAPY

60min R1 100 | 90min R1 430

A relaxing massage enhanced by the use of heated lava stones. The heat penetrates deep into the muscles and joints, relieving stress and tension. This massage treatment will transport you to a state of deep calm and energised vitality.

SWEDISH MASSAGE

60min R990 | 90min R1 320

This classic massage manipulates muscles to release tension and muscular stiffness, creating an overall feeling of relaxation. Your therapist will use long, gliding hand strokes with light to moderate pressure.

MOM TO BE MASSAGE

60min R990

To relax and uplift Moms to Be. Performed only after the first trimester, this nurturing treatment aids to relieve tension in the lower and upper back, as well as reduce swelling of the hands and feet.

BACK, NECK & SHOULDER MASSAGE

30min R660 | 45min R840 | 60min R990

This massage focuses on relieving tension on the neck, shoulders, upper and lower back.

PRESSURE POINT FOOT MASSAGE

30min R660 | R45min R840

This treatment applies pressure to various points on the feet to induce relaxation. Perfect to soothe tired, aching feet whilst travelling.

ENERGY HEALING

ROYAL SPA CBD WELLNESS MASSAGE

60min R990 | 90min R1 430

Begin this wellness experience with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of calm, followed by a full body massage incorporating CBD oil. This therapeutic treatment is designed to decrease pain and inflammation whilst boosting the immune system and promoting restorative sleep. THC Free and 100% legal.

AROMATHERAPY MASSAGE

60 min R1 100 | 90 min R1 430

This bespoke aromatic massage treatment incorporates your choice of essential oil extract, providing a sense of well-being and pure relaxation. Your therapist uses light to moderate pressure to melt away tension and promote a flow of energy..

INDIAN HEAD MASSAGE

30 min R660

The ultimate therapeutic massage of the head, neck, shoulders and face. This traditional massage is excellent for relieving stress and promoting relaxation.

MASSAGE ADD-ONS

Exfoliation for the Back	15 min	R200
Relieving Scalp Massage	15 min	R200
CBD Oil		R190
Hot Stones		R120
Soft Cupping Therapy		R120

BODY THERAPY

MARINE ALGAE DETOX WRAP

60min R1 540

100% pure and natural patented marine algae, rich in minerals, vitamins and trace elements. A deeply relaxing body wrap providing intensive remineralisation and detoxification. Ideal for all skin conditions.

HYDRATING OR DETOX BODY WRAP

45min R860

Customise your treatment and choose between a relaxing or an invigorating aroma wellness body wrap. Hydrate with Neroli and Vanilla essential oils or detoxify with Peppermint and Rosemary essential oils.

SALT BODY POLISH

30min R660

A full body exfoliation combining natural salt and coconut oil. Luxurious and nourishing, this treatment leaves your skin velvety smooth and looking radiant.

FIRMING BODY THERAPY

CELLULITE CUPPING TREATMENT

30min R730 | 60min R990

Firm, tone and reshape your body with the combination of cupping, hands-on massage and the use of a copper mitt. Performed with premium handcrafted all-natural aromatherapy oils formulated to target the visible signs of cellulite, to expel toxins and breakdown lipids to detoxify and to give your body the ultimate deep cleanse. Target one area for 30min or target more than one area for 60mins.



SIGNATURE HYDROTHERAPY

RASUL SPA RITUAL

30min R550 pp

The Rasul treatment is a traditional Arabian cleansing ritual, which leaves you feeling calm and your skin beautifully exfoliated. A self-application of salt and mud detoxifies and rejuvenates the body and leaves skin satin smooth. Warm steam envelopes the room, and allows you to comfortably relax and unwind.

HIMALAYAN CRYSTAL SALT SAUNA

30min R440

Lined with hand-crafted blocks of pure Himalayan salt, our Himalayan salt sauna offers multiple health benefits, detoxifying and replenishing the body and boosting the immune system, all whilst evoking a warm and soothing effect.

BATHOLOGY

BATHOLOGY EMBODIES THE ESSENCE OF BATHING, COMBINING FACILITIES STEEPED IN THOUSANDS OF YEARS OF TRADITION WITH THE MOST MODERN INNOVATIONS. ROYAL SPA INVITES YOU TO TAILOR YOUR ATMOSPHERE WITH A BLENDING OF HEAT, COLOUR, AROMA, AND WATER TO CREATE A PERSONALISED RESTORATIVE BATHING SESSION.

MARINE ALGAE DETOX HYDROBATH

30min R800

A profound therapeutic experience where natural algae extracts help to remineralize the body, providing powerful detoxification. Balances and recharges the system.

LAGOON RELAXING BATH

30min R500

Rich in trace minerals and marine minerals, this blue lagoon bath instantly immerses the body into relaxing and comforting water while experiencing the relaxing feeling of hundreds of effervescent micro-bubbles. With aquatic aromas reminiscent of the atolls of the Polynesian Islands.

ROYAL SIGNATURE SHIMMER MILK HYDROBATH

30min R470

This sensorial milk bath is rich in vitamins to regenerate, rejuvenate and remineralise the skin.





SKINCARE THERAPY

THALGO SOURCE MARINE HYDRA-STRENGTHENING TREATMENT

60min R1 650

Give your skin a bath of hydration rich in remineralising marine active ingredients. In this professional treatment, séve bleue des océans extract is combined with Micronised Marine Algae extract, to instantly hydrate and strengthen the skin.

THALGO PURITÉ MARINE PURIFYING TREATMENT WITH MICRONISED MARINE ALGAE

60min R1 540

Specifically designed for combination to oily skin, this Purité Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Includes a patented Micronised Marine Algae mask to rebalance skin and replenish its minerals.

THALGO SPA SKIN FACIAL

60min R1 200

A customised skin treatment for all skin types. Choose from two treatment options; Source Marine to hydrate and strengthen or Cold Cream Marine to nourish and soothe.

CSPA HYDRATING FACIAL

60min R960

This aromatic, multi-sensory skin treatment includes a luxurious facial massage and a hydra-boosting aroma serum elixir to suit your skin's main concerns.

THALGO HYDRA-RADIANCE FACIAL

30min R860

A targeted facial to effectively treat skin that looks and feels dull and tired. This ultimate "illuminating" treatment reveals the skin's beauty and boosts radiance in just 30 minutes.

LUXE SKIN TREATMENTS

THALGO PRODIGE DES OCEANS FACE TREATMENT

90min R3 190

A supreme Beauty Ritual providing ultimate revitalisation and total youthfulness. At the heart of the ritual, the Prodige des Océans Mask offers pure plumping oxygenation, and its iconic massage, inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smooths wrinkles and restores firmness and elasticity to the skin. The face glows with renewed youth.

THALGO HYALU-PROCOLLAGENE WRINKLE CORRECTING TREATMENT

60min R2 640

Wrinkle to wrinkle treatment combining hyaluronic acids and marine pro-collagen with Roller Boosters. Instantly, the face looks younger, as if relaxed and even established wrinkles appear smoothed. Visible effectiveness, from the 1st treatment.

THALGOMEN FORTIFYING FACIAL TREATMENT

60min R1 650

A tailor-made treatment for men enriched with Algue Bleue Vitale® extract to fortify the skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

WRINKLE CORRECTING COLLAGEN PRO EYE TREATMENT

Add On to Facial 10min R385

A treatment to smooth the eye contour area and lessen the appearance of fine lines and wrinkles. Featuring tightening, restoring and reviving Marine Hyaluronic Acid to diminish signs of ageing and fatigue for younger-looking eyes. Ideal for when you need to look your best for a special occasion.

AESTHETIC SKIN TREATMENTS

THALGO LUMIÈRE MARINE BRIGHTENING TREATMENT

60min R2 860

This triple exfoliation treatment with brown algae extract offers a visible anti-ageing result on skin tone evenness. A brightening and rejuvenating treatment that lightens the skin and improves pigmentation. Skin will appear visibly younger with renewed radiance.

ADVANCED SKIN CLINIC TREATMENTS

Non-surgical advanced skincare

IS CLINICAL FIRE & ICE RESURFACING FACIAL

60min R2 200

Experience the resurfacing and rejuvenation of the legendary Fire & Ice skin treatment. Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, diminished look of blemishes, and improved appearance of fine lines and wrinkles – all with little to no downtime.

IS CLINICAL FIRE & ICE EXPRESS PEEL

30min R 1 400

This intensive resurfacing treatment is clinically formulated and designed to rapidly and safely resurface the skin, reduce fine lines, address problematic skin and encourage cellular renewal.

IS CLINICAL FOAMING ENZYME FACIAL

60min R 2 750

Designed to revive tired and congested skin, this professional treatment combines papaya and pineapple enzymes with a potent, botanically derived Glycolic Acid, to reveal a polished, more radiant complexion. Ideal for all skin types.

LED LIGHT THERAPY TREATMENT

Add-On To Facial 20min R420

Rejuvenate your skin with this best-in-class LED light therapy. The Déesse PRO™ Light Therapy Mask provides cutting-edge technology to transform your skin. Requiring no downtime, this treatment mask uses two clinically proven wavelengths of light (630nm Red and 830nm Near Infrared) to target the multiple signs of ageing and rejuvenate your skin. Both wavelengths are harnessed at the perfect level by Déesse PRO technology to stimulate collagen and elastin production within the cells and improve blood flow and tissue oxygenation, while helping your skin become stronger, firmer and brighter.

OXYGEN FACIAL THERAPY

Infusion Add-On To Facial 30min R660 | 90min R1 540

During this treatment, oxygen is infused into the skin at a pureness of between 93% - 98% through atmospheric pressure. Oxygen Infusion, Oxygen Spray by airbrush and Oxygen Inhalation combine to gently penetrate and rejuvenate the skin. Oxygen Facial Therapy assists to plump and hydrate dry and dull skin, diminish fine lines by stimulating collagen and balances skin moisture levels.



THALGO IBEAUTY PRO

A TAILOR-MADE HIGH-PERFORMANCE TREATMENT COMBINING THREE INNOVATIVE NON-INVASIVE, NON-AGGRESSIVE TECHNOLOGIES WITH PROVEN EFFECTIVENESS: SOUND VIBRATIONS, SEQUENTIAL ULTRASOUND AND TRIPOLAR RADIOFREQUENCY. FOR ALL SKIN TYPES LOOKING FOR A ULTRA-EFFICIENT TREATMENT WHERE SKIN IS TRANSFORMED AND VISIBLY MORE BEAUTIFUL FROM THE VERY 1ST SESSION.

IBEAUTY PRO HYDRATING TREATMENT 45min R980

IBEAUTY PRO ANTI-AGEING TREATMENT 45min R790

IBEAUTY PRO EYE CONTOUR TREATMENT 30min R660

ADD ONS:

Sound Vibrations R190
Technology that allows deep cleansing of the skin and optimises results of all treatments

Sequential Ultrasound R300
Patented ultrasound for three actions: drainage, infusion, stimulation

Tripolar Radiofrequency R580
Tripolar probe for an anti-ageing effect by tissue regeneration

E-Finger Microcurrents R580
Two smart fingers incorporated into a natural technique for a lifting, anti-redness, dark circle correction effect

BEAUTY TOUCHES

Eyebrow Tint	15min	R300
Eyeshadow Tint	20min	R230
Lash & Brow Tint	20min	R210

LASH LIFT & BROW LAMINATION

Lash Lift	30min	R660
Brow Lamination	30min	R660
Add Lash/Brown Tint	10min	R90
Add Brow Wax/Shape	10min	R90

MAKEUP

Bridal & Occasion Makeup	75min	R1320
Evening Makeup	75min	R880
Daytime Makeup	60min	R880

WAXING

Lip/Chin/Brow	15min	R210
Underarm/Sides of Face	20min	R290
Half Arm	20min	R300
Bikini	20min	R300
Half Chest	30min	R460
Full Arm	30min	R460
Half Leg	30min	R460
Hollywood	30min	R470
Brazilian	30min	R490
Full Face	20min	R530
Full Leg	45min	R540
Back/Chest	45min	R570

MANICURES & PEDICURES

HAND CARE

Royal Spa Manicure	60min	R680
Gelish Manicure	60min	R680
Nail Care & Gel Polish	45min	R550
On-The-Go Manicure	30min	R500
Paraffin Dip on hands	15min	R200

FOOT CARE

Royal Spa Pedicure	60min	R730
Gelish Pedicure	60min	R730
Nail Care & Gel Polish	45min	R550
On-The-Go Pedicure	30min	R500
Elim Mediheel Peel Add-On	20min	R200

ELIM ADVANCE PEDICURE

90 min R940

Restore dry areas, cracked heels and nails with a callus peel, neutralisation, anti-bacterial soak, enzymatic exfoliation, detox mask, massage with Elim Foot Perfector and Gold Dust. Includes cuticle removal & hydration with Elim Cuticle MD, a file, clip, buff and paint.

HAND & FOOT CARE

Revarnish on hands or feet	20min	R330
Paraffin Dip on hands or feet	15min	R200

NAIL BAR

Clear Tips & Overlay	75min	R660
Full Cover Soft Gel Tips with Gelish	75min	R660
Full Cover Soft Gel Tips with Polish	75min	R600
Clear/Colour Acrylic Overlay	75min	R600
Acrylic Fill	60min	R500
Nail Repair (Per Nail)	15min	R110
Nail Art (Per Nail)		R30

Gel Polish Removal	R180
Hard Gel Removal	R250
Acrylic Removal	R280

ROYAL SPA EXPERIENCES

ROYAL SPA SUITE ULTIMATE EXPERIENCE

2hrs R3 300 pp | R5 300 for two

Personalise your ultimate treatment experience in the serene space of your own spa suite. A perfect haven for relaxation with a friend, a loved one or to simply indulge in your own 'me-time' moment.

Includes:

- Enjoy the suite's facilities for 30 mins before your treatment commences and for 30 mins afterwards.
- Any 60 min treatment of your choice
- Use of the Himalayan Salt Sauna & Rasul
- Bottle of Sparkling Wine

ROYAL SPA BESPOKE JOURNEY

2hrs 30min R2 300 | 4hrs 30min R4 900*

A customised journey to wellness...Choose from any of the treatments below, and spend your desired amount of time in pure bliss.

*4hrs 30min option includes lunch.

30min:

- Indian Head Massage
- Salt Body Polish
- Hydrating Body Wrap
- Detox Body Wrap

60min:

- Aromatherapy or Hot Stone Massage
- CSpa Hydrating Facial
- Royal Spa Pedicure

MER DES INDES JOURNEY (HARMONISING RITUAL)

120min R2 100 pp | R3 600 for two (includes a glass of sparkling wine)

Unwind during a journey to the sacred land of India. This entirely manual massage using essential oils used in Ayurveda, looks to the science of Marma, Chakra and Dosha to release tension points and thereby restore mind and body harmony. Includes a Precious Milk Bath, Ginger Scrub and Harmonising massage.

ILES PACIFIQUE JOURNEY (RELAXING RITUAL)

120min R2 300 pp | R3 900 for two (includes a glass of sparkling wine)

Escape to the azure water of the Pacific Islands to prepare for deep relaxation with optimised hydration and remineralisation. A relaxing massage ritual with warm sand pouches inspired by the rocking movement of the waves for deep relaxation. Immersed in the Islands of the Pacific, body and mind are completely regenerated.



GENTS EXECUTIVE PACKAGE

2hrs 30min R2 900

- 60min Deep Tissue or Hot Stone Massage
- 60min Thalgomen Fortifying Facial Treatment
- 30min Pressure Point Foot Massage or Indian Head Massage

COUPLES TREATMENT

1hr 30min R2 900 for two

- 60min Aromatherapy Massage
- 30min Indian Head Massage

ROYAL SPA KIDS

Enchanting Nails (Hands & Feet, Shape and Paint)	20min	R320
Majestic Mani	30min	R380
Perfect Pedl	30min	R380
Little Prince or Little Princess Back Massage	20min	R370
Little Royals Head & Foot Massage	20min	R370
Little King or Little Queen Facial	30min	R540

ROYAL SALON

CUT

Ladies	R360
Gents	R250
Kids under 12	R220

WASH & QUICK DRY OFF

Short	R150
Medium	R180
Long	R200
Extra Long	R220

BLOW WAVE

Short	R380
Medium	R410
Long	R450
Extra Long	R500

WASH CUT STYLE

Short	R700
Medium	R750
Long	R820
Extra Long	R910

GLOSSING

Short	R1200
Medium	R1600
Long	R2300
Extra Long	R2700

FULL COLOR

Short	R850
Medium	R1030
Long	R1500
Extra Long	R2000





EXTENSIONS WASH & STYLE

Bring your own clip-in hair extensions for a wash, style and fit
R400

FOILS

Half Head	R1500
Full Head	R2500
Balayage & Ombre*	From R1600

**Prices subjective according to length and thickness*

KERATIN SMOOTHING TREATMENT

PROFESSIONAL RECONSTRUCTION TREATMENT FOR DAMAGED HAIR. IT SEALS CUTICLES, IT STRENGTHENS AND PROTECTS THE HAIR FIBRE WITH AN ANTIOXIDANT ACTION. THE HAIR IS IMMEDIATELY COMPACT, SOFT AND SHINY.

Short	R1700
Medium	R2300
Long	R3100
Extra Long	R4100
Express Keratin Treatment	R1500

ADD ON

Back Bar Masque	R400
Specialized Masque	R850

ADD ON TO SPA TREATMENT

Wash and Blowdry / Style	R400
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GENTLEMAN'S GROOMING LOUNGE

PROVIDING SOPHISTICATED GENTLEMEN WITH A COLLECTION OF SPECIALISED SPA TREATMENTS AND GROOMING SERVICES.

HAIR

Gent's Classic Haircut	R250
Gent's Classic Haircut & Style with Wash	R400
Head Shave	R200
Gent's Tint	R380

SHAVING

Kings Express Shave	R500
Hot Towels, Cleanse, Exfoliate, Oil, Foam, Shave, Moisturise	
Majestic Hot Towel Treatment	R720
Facial Mask, Eye Gel with Scalp Massage	
Gent's Cut And Shave	R790
Beard Trim	R100
Add-On Beard & Moustache Trim	R150

GENTS SIGNATURE EXPERIENCES

GENTS RETREAT

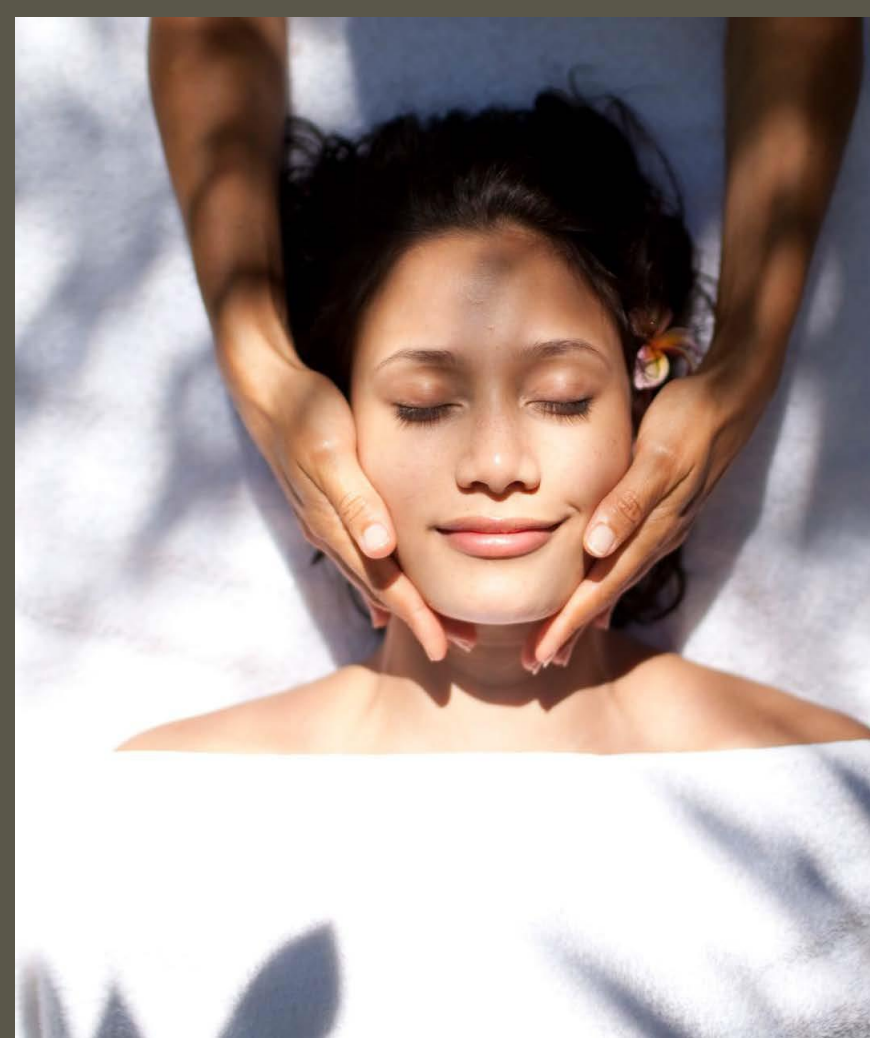
2hrs 30min R2 700

Rejuvenate skin and body with a revitalising Thalgomen Fortifying Facial Treatment, Deep Tissue Massage or Hot Stone Massage and an Indian Head Massage.

ROYAL SPA LUXURY GROOMING EXPERIENCE

90min R1 400

Revitalise with a Gent's Classic Haircut, Shave and Majestic Skin Facial.



SPA ETIQUETTE

- Prices are subject to change without prior notice.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change into your gown and slippers and to complete a consultation form with your therapist.
- In a spirit of mutual respect, we kindly request punctuality.
- Please advise us of any health conditions, allergies, injuries, recent medical or cosmetic procedures, which could affect your spa experience.
- To preserve our tranquil environment, we respectfully request that you leave mobile phones switched to silent mode.
- Children aged 16 years and younger may not make use of the spa unless accompanied by an adult.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for service excellence.
- We request that you please leave jewellery and valuables in your hotel room safe or please store these in your locker.
- The Royal Spa and Salon (Pty) Ltd with registration number 2022/264885/07 which operates as the Royal Spa, accepts no liability whatsoever for any claim including but not limited to death, harm, injury or loss or destruction of or damage to any property in or on the Royal Spa premises, howsoever and whensoever caused irrespective of whether same arises as a result of participating in any activity or offering on the Royal Spa premises.
- Products purchased at The Royal Spa at The Palace are non-refundable, due to public health reasons. Defective products may be returned and will only be refunded / replaced if the products are indeed defective and the correct storage/usage instructions were followed. Please retain your receipts as proof of purchase.
- All prices are inclusive of Value-Added Tax (VAT).

SPA FACILITIES

Royal Spa offers the following facilities and services to complement your journey with us:

- Enjoy the private oasis of one of our Royal Spa Suites
- Wet areas, complete with Himalayan Crystal Salt Sauna, Rasul, en-suite Sensation Showers and Hydrobaths which can be enjoyed as part of selected packages or at an additional cost

- Relaxation Zone
- Ladies and Gents Showers and changing room areas
- Spa Cuisine inspired by healthy living

SPA CUISINE

A passion for food, combined with the attention devoted to well-being, come together in our spa cuisine. Available on request and designed to complement all therapies as well as tastes. It is beautifully created to be delicious, healthy and indulgent. Please scan our cuisine menu QR code or request a menu on arrival.

CANCELLATION POLICY

- Please note that 24 hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

MAKING AN APPOINTMENT

Advance appointments are highly recommended to avoid disappointment.

ROYAL SPA

Tel: 014 557 4337

Email: frontdesk@royalsthepalace.co.za

ROYAL SALON

Tel: 014 557 4338

Email: salon@royalsthepalace.co.za

Operating Hours: Royal Spa and Royal Salon are open daily from 9:00am to 9:00pm to all hotel guests and visitors.

The Spa is located on the Ground Floor of The Palace of the Lost City.

Our Spa Team is on hand to guide you in curating your spa experience.

GARY PLAYER HEALTH SPA

Treat yourself to a five-star luxury pamper with treatments like the African Fusion body massages and Enhancing flash facials.

Have your hair and nails done at the salon or go to the gymnasium for a quick workout. Situated above the Gary Player Country Club.

Hair Studio

Children under 12	R200
Blow wave: short	R300
Blow wave: medium	R350
Blow wave: long	R400
Cut & blow wave: short	R400
Cut & blow wave: long	R500
Gents cut	R250
Tints: short	R600
Tints: Medium	R800
Tints: X- long	R1 100
Highlights (foil)	R1 000
Up-style	R400
Toner	R450
Treatment	R300

GARY PLAYER HEALTH SPA

Beauty Treatments

Manicure 30 min	R250	
Deluxe manicure (French paint additional R20) 40 min		R300
Express Mani (file & paint)		R150
Express Pedi (file & paint)		R250
Pedicure 40 min		R300
Deluxe pedicure (French paint additional R20) 50 min		R400
Gelish manicure		R400
Gelish pedicure		R450
Gelish overlays		R270
Gel overlay (no tips)		R300
Gel overlay with French tips		R350
Gel overlay with natural tips		R350
Acrylic overlay (no tips)		R350
Acrylic overlay with French tips		R450
Acrylic overlay with natural tips		R450
Soak-off gel		R100
Soak-off acrylic		R200
Acrylic overlay toes		R300
Nail art (stones)		R30
Fixing nails		R40
Fills (gel or acrylic)		R250

GARY PLAYER HEALTH SPA

Hair Removal

Half leg		R200
Full leg		R300
Bikini (no Brazilian)		R150
Eyebrow wax		R100
Lip		R100
Chin wax		R100
Underarm		R100
Arm wax		R150
Back wax		R300
Eyelash tint		R120
Eyebrow tint		R100

Massages

Specialised oils		
Massage	25 mins	R500
Massage	50 mins	R750
African wood massage	80 mins	R1 000
Apricot kernel body cream scrub	30 mins	R550
Marula and Sandalwood sugar buff	30 mins	R550

GARY PLAYER HEALTH SPA

Facials

Enhancing flash facial	25 mins	R550
Instant lifting flash facial	25 mins	R550
Perfect skin flash facial	25 mins	R550
Men's Express	25 mins	R550

Standard Facials

Rebalancing	50 mins	R750
Radiance	50 mins	R950
Rejuvenating	50 mins	R950

Specialised Facial Treatments

Supreme smoothing facial	80 mins	R 1450
Ultimate lifting facial	80 mins	R1 450

GARY PLAYER HEALTH SPA

Packages

Luxury body buff & relaxing coconut wrap 170 mins **R2 350**

Gatsby ritual body butter massage and facial 140 mins **R2 050**

Design your own package, please book in advance.

Seasonal packages are available on request. Massage treatments can be done in the privacy of your hotel room for an additional fee (The Palace, Cascades & Sun City Hotel only)

Gymnasium 06h00 - 20h00

Daily entrance (No children under 13) **R80**

Guest fees - 3 days **R180**

Guest fees - 5 days **R280**

Guest fees - 7 days **R350**

GARY PLAYER HEALTH SPA

Signature Treatments

Recharge luxury body scrub 25 mins **R550**

Detox body massage 25 mins **R550**

Detox body massage 50 mins **R750**

Detox body massage 80 mins **R100**

De-stress body butter massage 25 mins **R550**

De-stress body butter massage 50 mins **R750**

De-stress body butter massage 80 mins **R1 000**

Muscle release 25 mins **R550**

Muscle release 50 mins **R750**

Muscle release 80 mins **R1 000**

Signature Spa Skin Care Treatments

Crystal skin treatment 110 mins **R2 050**

Silver skin treatment 110 mins **R2 050**

Gold skin treatment 110 mins **R2 050**

Platinum skin treatment 110 mins **R2 050**

Prices are subject to change without prior notice



SORBET

Waxing

Half Leg

Three Quarter Leg

Full Leg

Intimate Bikini

Intimate Brazilian

Intimate Hollywood

Under Arm

Half Arm

Full Arm

Face Wax

Brows

Lip

Chin

Brows + Lip

Brows + Chin

Lip + Chin

Brows, Lip + Chin

Full Face

Stomach

Massages Swedish & Aromatherapy

Back + Neck (30 minutes)

Full Body (60 minutes)

Relaxing Hand or Foot (30 minutes)

Aromatherapy Full Body (60 minutes)

Full Body (60 minutes)

Hot Stone Massage

Back and Neck (30 minutes)

Full Body (60 minutes)

R245

R265

R315

R200

R295

R340

R170

R195

R255

R115

R115

R115

R195

R195

R195

R280

R295

R160

R370

R530

R250

R590

R530

R380

R595



SORBET

Threading

Brows	R125
Brows + Lip	R210
Brows + chin	R210
Lip, Brows + Chin	R290
Full Face	R295

Brow Lamination

Brow Lamination	R475
Brow Lamination + Wax + Tint	R640

Eyelash Extensions

Full Set	R830
Half Set or Fill	R500
Volume Lashes Full Set	R1 045
Volume Lashes Half Full Set or Fill	R680
Removal	R180

Lash Lift*

Lash Lift	R475
Lash Lift with Tint	R545
Lash Lift with Brows	R585

Tinting

Brows	R115
Lashes	R125

SORBET - Gents

Waxing

Ear or Nose or Brows	R115
Ear + Nose	R190
Stomach	R350
Back	R410
Chest	R400
Half Leg	R250
Full Leg	R370
Full Arm	R280
Back, Chest + Stomach	R910

Gents Hands and Feet

Quick Manicure: Clip, File + Buff Only	R175
Power Mani: Soak + Exfoliate + Clip + Buff + Massage	R245
Quick Pedicure: Clip, File + Buff Only	R185
Power Pedi: Soak + Exfoliate + Clip + Bluff + Massage	R315
Gel Polish (No Colour)	R295

SORBET

Gel Polish

	Hands	Feet
Gel Polish (Hands & Feet Only)	R330	R330
Gel Polish with Ombre	R335	
Gel Polish Mini	R420	R440
Gel Polish Power	R500	R520
Gel Polish Dip Overlay or Fill	R395	

Manicures & Pedicures

	Hands	Feet
Quick – file, buff + paint	R175	R190
Mini - soak, file, buff + paint	R280	R295
Power – soak, file, buff, paint, exfoliation + massage	R350	R370
No Paint Power – excludes polish	R250	R320
12 years and under	R115	R125

Harmony Acrylic

	Colour	Polish	Ombre	Gelish	EVO*	Ombre Gelish
Tips +	R520	R540	R550	R570	R570	R600
Overlay +	R470	R480	R490	R520	R520	
Fill, Buff +	R350	R370	R380	R410	R410	

Biogel by Bio Sculpture

	HandsOnly	Mini-Mani	Power-Mani	Feet-Only	MiniPedi	Power-Pedi
Biogel+	R420	R550	R600	R420	R560	R610
Tips+	R520	R550	R540	R570	R570	
Overlay +	R480	R520	R520			
Fill, Buff +	R370	R410	R410			

For Full Information please check website: www.sorbet.co.za or call 014 557

SORBET

Nails

Soft Gel Tips

Soft Gel Tips + Gelish	R530
Soft Gel Tips + Gelish with backfill	R450
Soft Gel Tips + Polish	R430
Soft Gel Tips + Polish with backfill	R350

Gel Polish

Gel Polish	R330
Gel Polish with Ombre	R335
Gel Polish Mini	R420
Gel Polish Power	R500
Gel Polish Dip Overlay or Fill	R395

Dermalogica

FREE Face Mapping (15 minutes)	
Discover Dermalogica (60 minutes)	R550
Sorbet Exclusive (30 minutes)	R850
Peels:	
Pro Power Bright or Clear or Renewal (30 minutes)	R740
Pro Bright or Clear or Firm or Calm (60 minutes)	R910

Environ

Focus On: Frown, eye, texture, even tone & filler (30 minutes)	R450
Youth Reset (60 minutes)	R690
Moisture Boost (60 minutes)	R690
Comfort Calm (60 minutes)	R690
Radiance Reveal (60 minutes)	R690
Vitamin Touch (45 minutes)	R520

WATERWORLD

Show off your adventurous side with a wide selection of water sports at your disposal. Ride a wave with a jet ski, have an elevated experience by parasailing or watch the sunset on a sundowner cruise. If you'd prefer to stay out of the water, you can enjoy a range of activities around the lake too.

**Operating hours are from 09h30 to 17h30
(closed for lunch daily from 13h00 to 14h00)**

Individual itemized prices

Parasailing & jet ski rides:

Parasailing - single	Per person	R1 378
Parasailing - double	Per 2 persons	R2 069
Jet ski - single	Per person	R873
Jet ski -double	Per 2 persons	R999
Parasail/jet ski combo - single	Per person	R1 839
Parasail / jet ski combo – double	Per 2 persons	R2 414

WATERWORLD

Speed boat rides

Speed boat with driver

Max 7 per boat

R803

Water-ski & wakeboard rides

Water-ski/ Wakeboard

R1 034 pp

Water-ski/Wakeboard lesson

R2 184 pp

Watersnake & tube rides

Bali-Doughnut

R458 pp

Water snake

R332 pp

Tube

R413 pp



WATERWORLD

Individual itemized prices

Pedal Boat, Mini Cars & Mini Golf

Pedal Boats - Pax: 2

R229 30 Min

Pedal Boats - Pax: 2

R309 60 Min

Kazooma Raceway Quads

R217 pp

Rock Venture Golf

R79 pp

Train

Stimela train – adult

R90 pp

Stimela train – child

R79 pp

Stimela train - Family of 3

R217

Stimela train - Family of 4

R274

Stimela train - Family of 5

R332

WATERWORLD

Individual itemised prices

Public Cruise Boat Rides

No bookings are needed. First come, first-served basis

Daily boat cruise - 12h00 & 16h30

(Kids under 6 are free) – Per adult

R114

Daily boat cruise (kids 6-12) – Per Child

R79

Private mini cruise

30 mins - up to 9 pax per boat

R689

60 mins - up to 9 pax per boat

R1 149

Boat per hour – max 55 pax

Please note this is a price guide and is subject to change



Waterworld

Group Leisure Activities

Unlimited Use Of All Rides:

Guests: 35 -200 per hour

R40 250

Waterworld

Group Leisure Activities

Private Cruise Boat

Boat per hour (max 45 pax)

R5 749

Three Ride Water Sport Special

Jet ski, Tube, Wake snake

R1 264

Please note this is a price guide and is subject to change





The Lost City Golf Course

Another Gary Player design, this eye-pleasing 18-hole par-72 course has a state-of-the-art clubhouse and a water hazard at the 13th hole with real Nile crocodiles and spectacular views of The Palace.

18 Holes

(Includes halfway house lunch and a golf cart sharing)

Individual - Non-Resident	R1 100
Groups (21 Players or more) Non-Resident	R950
Individual – Resident	R880
Groups (21 Players or more) Resident	R780
PGA Members	R500
Junior	R500
MVG Diamond	R650
MVG Platinum	R750
MVG Gold	R800
Caddy & Foundation Fee & Halfway	R350
Range Balls	R50

9 Hole

(excl halfway house lunch)

Individual – GPCC	R400
Individual – LCGC	R400

Golf Club Hire

18 holes	R450
9 holes	R250



Gary Player golf course

This world-renowned golf course, designed by golf legend Gary Player, is home to the annual Nedbank Golf Challenge.

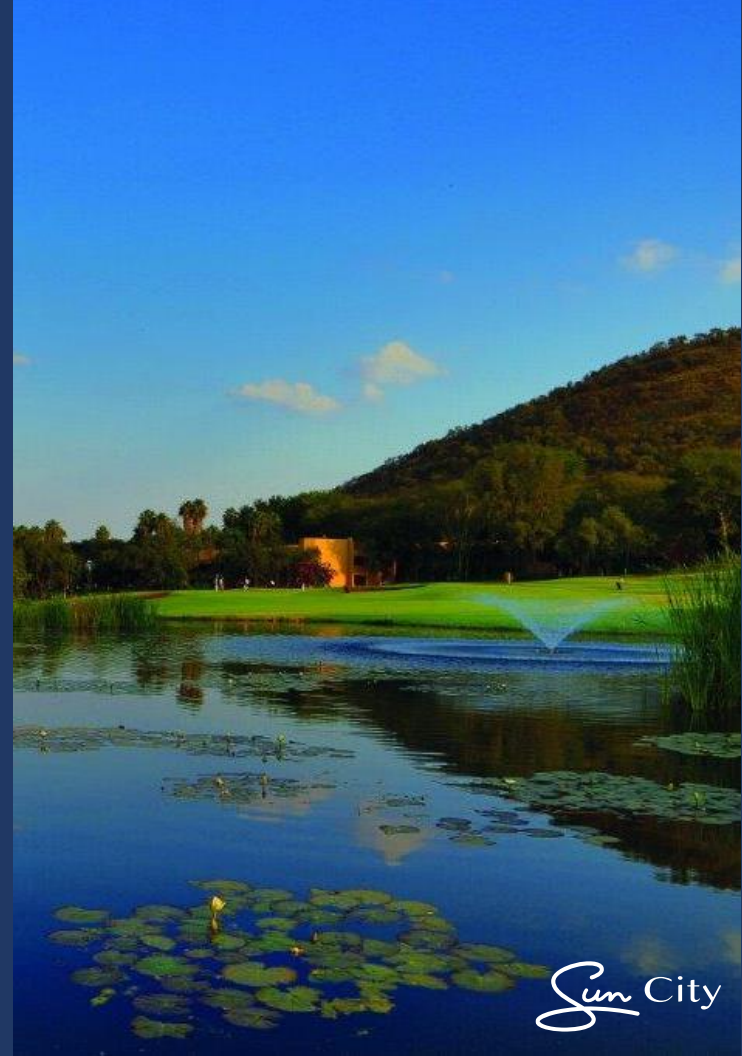
It is easy to see why the 18-hole par-72 walking-only championship course is a well-loved favourite among golf enthusiasts.

(Strictly walking course, no carts available)

18 Holes

(Includes halfway house lunch and a golf cart sharing)

Individual - Non-resident	R1 100
Individual - Resident	R880
Groups (21 or more) - Non-Resident	R880
Groups (21 or more) - Resident	R780
Caddy fee & foundation fee	R350
PGA members	R500
Junior	R500
(Official handicap only maximum 18 handicaps)	
Sun MVG rate: Diamond	R650
Sun MVG rate: Platinum	R750
Sun MVG rate: Gold	R800





VALLEY OF WAVES

31 Jan – 31 Dec 2024

Rentals

Tubes Per person		No charge
Umbrellas Per umbrella (Day visitors/residents – no deposit back)		R80
Towels (Day visitors/Residents –no deposit back)	Per person	R50
(Day visitors/Residents –no deposit back)	Per person	R100
Personal locker (Day visitors/residents, no deposit back)	Per person	R120
Standard locker (Day visitors/residents, no deposit back)	Per person	R170
Family Lockers (Day visitors/residents)	Per family	R250
Life Jackets (Day visitors/residents)	Per person	R50
Mobi-chair - suitable for wheelchair-bound guests for use in the Wave Pool	Per person	R100

Day visitors package can be purchased online from R395 per adult at [ticketpros.co.za](https://www.ticketpros.co.za)

Midweek (Mon – Fri)

Adults – R395

Children 3 – 12yrs - R290

Weekend (Saturday and Sunday)

Adults – R450

Children 3 – 12yrs - R350



KAMP KWENA BABYSITTING SERVICE
Professional Babysitting Service

Indoor and Outdoor Babysitting Service (per hour) **R100**

Cancellation fee: **R200**
Please cancel the booking 2 hours prior

Sundays & Public Holidays per hour **R120**



KAMP KWENA CHILDREN FACILITY

Cabanas Hotel

Morning sessions: Per child **R150**
09h00 -13h00

Afternoon sessions: Per child **R150**
14h00 -17h00

Full-day option: Per child **R330**
09h00 -17h00
Excluding lunch (Leave extra money for food)

Late collection fee per child -R10 per child per 10 mins. The program runs for children aged 3 -12 years old. Children under 3 years must be accompanied by a babysitter that can be arranged via Thula Baba Babysitting Service. If we do not have more than 5 children for an evening session, the program will, unfortunately, be cancelled for this day.

Sun City Hotel

1 - 2 years –R70 per hour per child
3 - 12 years –R65 per hour per child

Contact: +27 14 557 4136/598

SEGWAY GUIDED TOURS

Enjoy a customized guided tour of Sun City's world-renowned, Gary Player Golf Course or see the live Crocodile Hazard on the Lost City Golf Course while gliding effortlessly on a Segway. Operating a Segway requires no previous experience and is a fun way to explore the sights and surroundings of this true African resort. Perfect for groups, team buildings, and individuals with flexibility and custom packages from mini-games to amazing races. Combine Segway Guided Tours with any other activity for a unique experience.

(Lake Glide R420 pp (+/-1 hour)
Times: 10h00, 12h00, 14h00 and 16h00

Crocodile Pit Glide R475 pp (+/-1 hour)
Time: 10h00, 12h00, 14h00 and 16h00

Segway Multi-terrain Adventure Glide R680 pp (+/-2 hours)
Times: 09h00

*Restrictions of height, weight, and age may apply to the different tours.



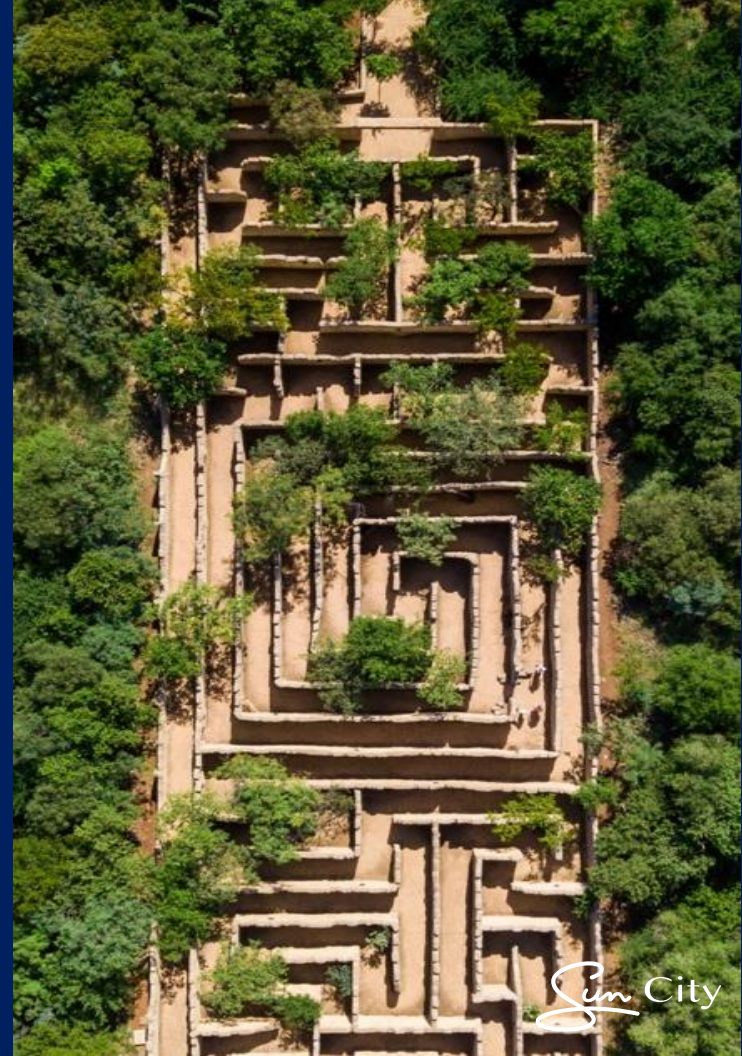
THE MAZE OF THE LOST CITY

The Maze of the Lost City welcomes adventurers of all ages and the best part? Entrance is completely free! As you conquer the twists and turns, make sure to visit the Candy Shop situated at the top of the Maze, a delightful treat for kids and adults alike.

Whether you're seeking an exciting family outing or a unique adventure with friends, The Maze at Sun City promises an unforgettable experience

Open: 09h00 -18h00 (daily)

Entrance Fee – Free for all adults and kids



GO TO THE EXTREME!! ZIP 2000

THE ORIGINAL EXTREME ZIP SLIDE.....RIDE THE ONE THAT STARTED IT ALL!

Operating at Sun City Resort since 2004, the Zip 2000 is still one of the world's longest Ziplines. Stretching at a lengthy 2 kilometers, starting at a height of 280 meters, and reaching average speeds of 120 km/h; it is a definite bucket list item for all thrill seekers.

We operate 4 sessions per day from Tuesdays to Sundays with a maximum of 12 sliders and 4 spectators per session. We do offer customised packages for groups and corporate clients. Children must be taller than 1.4m and must be accompanied by an adult. The weight limit is 200kg for a single or tandem flight.

TIME SLOTS: 09:00, 11:00, 13:00 AND 15:00

CLOSED MONDAYS

Midweek:	R650pp
Saturdays and Sundays:	R740pp
Spectator:	R100pp

Visit: www.zip2000.com for any additional information required and advance bookings.



Sun City

TEN-PIN BOWLING

Have some time to spare? Challenge your family, friends, or colleagues to a memorable game of ten-pin bowling which promises hours of fun, laughter, and excitement. Our ten-pin bowling offers 10 Brunswick lanes, paired with ultraviolet lighting, background music, and Supersport channels that are played throughout the day.

Location: **Situated inside Sun Central**

Operating Times: 11h00 – 23h30

Contact Details: 014 557 3304

Price per round including hiring of bowling shoes:

R70 pp (weekend)

R65 PP (midweek)

Bookings for small corporate functions:

Price: **R100 pp per game**

A non-refundable upfront payment is required.

The cost is inclusive of the booking and venue fees.

This does not include food or any extras.

Guests booking bowling must make their own arrangements for food and beverages.

This rate applies to both weekdays

No bookings will be accepted during government school holidays or public holidays.

Exclusive use of bowling venue

Price: **R300 for 4 hours of exclusive venue use.**

This cost is inclusive of the venue hire. This does not include food or any other extras. Guests may play as many games as they wish during the 4-hour time slot. Exclusivity will be given to groups of a minimum of 40 people and a maximum of 80 people.

Exclusive bookings will be accepted Monday to Thursday during operating hours only.

Two lanes must be kept open during the function in case of mechanical failure.

No bookings will be accepted during government school holidays or public holidays.



THE MAGIC COMPANY

Come have some fun and slip into a world of street fighting, car racing, ghost exterminating, and more. Our arcade has various games for young and old to enjoy.

Location: Sun Central

Operating times: Open daily

Contact Details: 014 557 3304



Vortex Virtual Lounge

Experience virtual reality like never before!

Why limit yourselves when you can be part of the game?

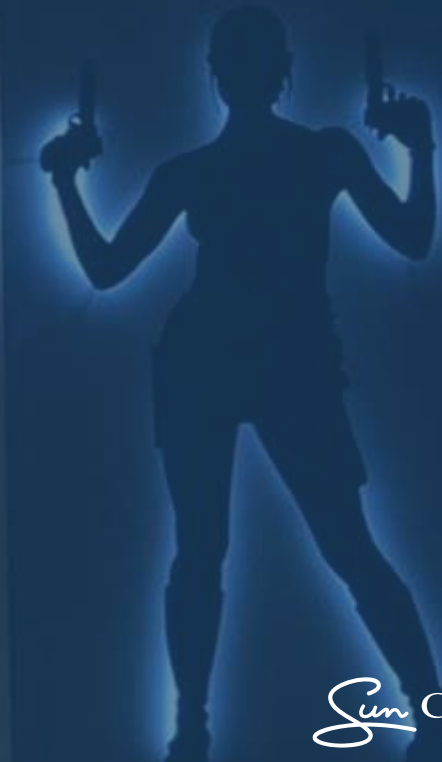
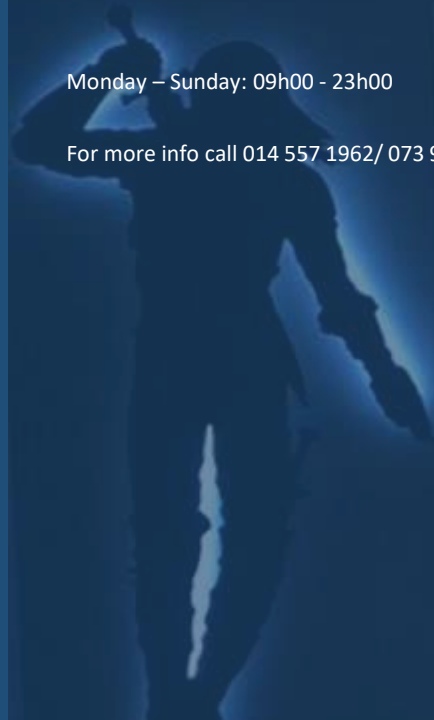
Vortex, Africa's Premier VR lounge enables you to #stepbeyondfuture and #igniteyoursenses to experience Virtual Reality.

Step out of your cozy surroundings into a new reality and let your senses run wild to experience an immersive and entertaining exploration of different gaming worlds.

Price from R60 pp to R130

Monday – Sunday: 09h00 - 23h00

For more info call 014 557 1962/073 932 7599



BREAKOUT GAMES

Unlock the codes, crack the clues, and solve the mystery before you make your grand escape. Breakout at Sun City is a mystery-solving activity that has been taking America by storm. Perfect for birthday parties, family outings, or team-building activities. These action-packed indoor and outdoor adventure games are the most fun you'll have without breaking a sweat.

Adults:

R335 pp

Kids under 7 - 11 years:

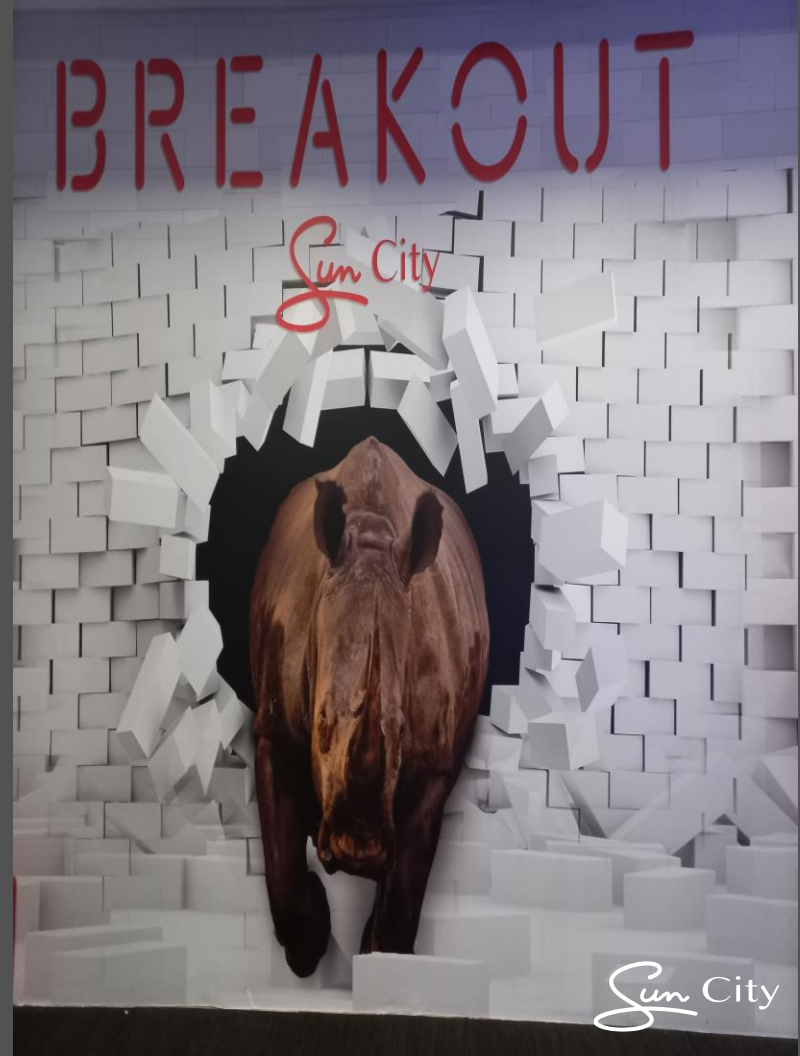
R235 pp

Free for kids 6 and under

BREAKOUT – The World's Leading Escape Game Adventure.

Open daily: 11h30 – 19h30

For more info, call 066 240 7379/014557 1623



SUN CITY

Address: Sun City Resort, 0316, North West Province, South Africa

GPS Co-ordinates: 25°20' 54.97" S 27°5' 58.8" E

Tel: +27 14 557 1000

Email: scenq@suninternational.com

Sun City Resort

@SunCityResortSA

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