



SUN INTERNATIONAL DREAMS FIT PRICE GUIDE

VALID 01 DECEMBER 2010 - 30 NOVEMBER 2011

SWAZILAND - TOURS AND ACTIVITIES

All prices are valid if you pre-book and pre-pay Sun International Dreams prior to departure.

PLEASE NOTE: All prices are subject to change without prior notice.

WHITE WATER RAFTING

Half Day	R 750
Full Day	R 850

- Depart 08h30

WHITE WATER RAFTING & ABSEILING OR TUBING COMBO

Full day	R 850
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- Children under 13 years pay 50%
- Minimum 2 Pax / Maximum 50 Pax
- Depart 08h30

Guests will be collected and dropped off at any of the three hotels, Royal Swazi Spa, Lugogo Sun and Ezulwini Sun at 08h30. Travelling time to the river is 45 minutes, with transport provided in a closed tour vehicle. Participants on ½ day trips who are exiting Swaziland to the south (Lavumisa/Golela) or west (Mahamba) may follow in their own vehicle to the river, so as to save time and distance later in the afternoon.

Trips vary in length, depending on river conditions and ability of participants. The average full day trip length is 13km although a longer trip of 23km and the shorter of 7km (½ day) are undertaken on occasions. In low water conditions, the trip is split into a morning of rafting and an afternoon of tubing/abseiling. All rafting trips start with a thorough safety briefing and a flat-water stretch for practicing technique.

Participants paddle and portage their own boats and must be prepared for vigorous activity. Lunch is a picnic-style affair, served normally on a shaded beach at the Holomi Falls. The standard menu is chicken/mayonnaise or ham rolls, together with cheese rolls, fruit and chocolates. The trip ends with sundowner drinks (beers & soft drinks) on the riverbank.

The return journey takes approximately 1hr. When conditions favour the ½ day trip, abseiling is undertaken during the afternoon on a 15m high cliff alongside the Holomi Falls. This involves learning basic rope-work skills and then descending the cliff by means of a figure-8 apparatus.

A guide, using a safety line, controls this activity. There are also exciting cliff jump and rapp-jumping options for adrenaline junkies.

ADVENTURE CAVING

Half Day	R 595
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- Depart 09h00

ADVENTURE CAVING WITH HOT SPRING VISIT & DINNER

Evening	R 695
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- Children under 13 years pay 50%
- Minimum 2 Pax / Maximum 24 Pax
- Depart 17h00

Trips start with transport provided from the Sun International hotels to a point approximately half an hour's walk from the cave. The vehicle journey is approximately 15 minutes. The cave is situated on private property. On arrival at the cave entrance a safety briefing is given and the trip heads underground for approximately 2 hours in total. The deepest distance travelled is 90m below the surface and the total distance travelled underground is about 800m. Progress underground is slow and methodical with teamwork required in a number of places. Belly crawls, body jams, and crouches and rope-assisted scrambles are to be expected. On returning to the surface, snacks and refreshments are enjoyed before tackling the half-hour walk back. Alternatively an optional stop at the Cuddle Puddle Hot Springs can be made on the return journey where drinks and snacks can be enjoyed. Entry fee, snacks and refreshments are inclusive. Daytime snacks normally include filled bread rolls, fruit and chocolates. Evening snacks are steaming hot pizzas.

QUAD BIKING (GUIDED)

One hour	R 350
Two hours	R 550

- Minimum 1 Pax / Maximum 8 Pax
- Half day out ride Minimum 2 Pax / Maximum 4 Pax
- Available hourly

MOUNTAIN BIKE - BICYCLE SAFARI

Half Day	R 275
Cultural Trail – Half Day	R 375
Culture Safari Combo – Full Day	R 475

- Depart 09h00

There are few places in Africa where you can cycle past herds of game on the seat of a bicycle. Enjoy a half-day excursion to Mlilwane Wildlife Sanctuary and get eye-to-eye with giraffe, zebra, wildebeest, warthog, kudu, nyala, waterbuck, blesbok, impala, hippopotamus and crocodile. Under the careful guidance of a Swazi guide, follow tracks and trails through the gentle hills and valleys of this scenic area. This is ideal for photography & bird watching.

This is game viewing with a difference. Optional dip in the Mhlambanyatsi River or relax at the Rest Camp swimming pool. Trip starts and finishes at Mantenga Craft Centre. To make the most of your day, plan a light lunch at Ezulwini Health & Snack (Mantenga Craft Centre).

GAME DRIVE – SUNDOWNER SCENIC 4X4

Half Day – Own vehicle, no transfers	R 290
Half Day – Including transfers	R 750

- Children under 13 years pay 50%
- Minimum 2 Pax / Maximum 47 Pax
- Depart 2 hours before sunset

Great way to end an African day. An adventurous game-viewing drive to the top of a mountain, with sundowner drinks under a glowing sky

SOUTHERN HIGHLIGHTS TOUR

Half Day	R 795
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- Minimum 2 Pax / Maximum 50 Pax
- Depart 09h00 / 13h00

The Ezulwini “Valley of Heaven” is home to extensive informal markets and is the starting point for this excursion. Traveling southwards down the length of the Mdzimba Mountains the tour passes the King Sobhuza II Memorial Park, Houses of Parliament, National Church, National Stadium, National Museum, Lozitha Palace (home to His Majesty King Mswati III), the University of Swaziland and Matsapha, the industrial hub of the country.

In the City of Manzini, the tour stops for exploration of the main Manzini market, an excellent opportunity to rub shoulders with local Swazi people. Further on the Malkerns area, with its pineapple fields and sugar cane is the backdrop to art and craft attractions of House-on-Fire (off-the-wall sculpture), Gone Rural (woven grass-ware), Baobab Batik(cloth-based designs) and Zoggs(funky local art).

Thereafter, Lobamba, the traditional and political heart of Swaziland, is the focal point of a description of the history and development of the Swazi Nation. Ludzidzini, home to the Queen Mother and site of the annual Incwala, Umhlanga and Lutsango ceremonies is passed, before a stop is made at an informal market place where traditional Swazi beer can be tasted. Then on to Mantenga Nature Reserve, a beautiful valley framed by the towering Rock of Execution to the south and the shapely Sheba’s Breasts peaks to the north. Hidden deep in this valley, at the foot of the 30-metre high Mantenga Waterfall is the Swazi Cultural Village. This 19th century replica of an extended Swazi homestead offers a guided tour and viewing of traditional dancing. Then with drumbeats still echoing in your ears, the tour makes a final stop in the peaceful surroundings of Mantenga Craft Centre, the largest formal craft market in the Kingdom and home to many local craftsmen (pottery, hand-woven rugs, batiks, baskets, sculpture, mohair, paintings, screen-printed designs, traditional crafts)

NORTHERN HIGHLIGHTS TOUR

Half Day	R 975
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- Minimum 2 Pax / Maximum 50 Pax
- Depart 09h00 / 13h00

Departing from the Ezulwini “Valley of Heaven” this tour climbs up to Mbabane, Swaziland’s capital city. After a brief discourse on the capital’s history the tour then continues north to Malolotja Nature Reserve and the old Ngwenya Iron Ore Mine, for a guided walk to the Lion Cavern, undisputedly the oldest human excavation in the world (circa. 43000BC). Thereafter a stop is made at Swaziland’s no. 1 artwork attraction - Ngwenya Glass. Visitors are able to watch as local craftsman create works of art, which include animal sculptures as well as stunning tableware. From Ngwenya the tour heads down into the scenic Komati River, with a stop at the Dragon’s Teeth, an accessible example of the oldest known rocks in the world, which themselves have given clues to the earliest forms of life on earth. Numerous art and craft stalls dot the road, whilst the famous “leaf-dancers” at the Komati River Bridge provide enthusiastic entertainment. Crossing the new 110m high Maguga Dam wall the tour returns via winding back roads to Mbabane, with superb viewing and photographic opportunities of rural Swazi community areas. A highlight and a highpoint is the Malandzela Viewpoint, which offers a 360^o view of Swaziland and the opportunity for your guide to point out many interesting features in the hazy distance. The tour then passes the massive Sibebe Rock monolith – Swaziland’s most famous geological feature, before returning to the Valley.

SWAZILAND HIGHLIGHTS TOUR

Full Day	R 1 375
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- Minimum 2 Pax / Maximum 50 Pax
- Depart 09h00

TASTE OF SWAZILAND TOUR

Half Day	R 795
Full Day	R 1 150

- Minimum 2 Pax / Maximum 50 Pax
- Depart 09h00 / 13h00

This is a half-day face-to-face insight into Swazi lifestyle and culture. This is an unusual tour in that it is totally unstructured. Where you go and what you do is entirely up to you and your guide to decide. We use this tour heading to arrange custom-designed tours to satisfy specific requests, or to cover once-off occasions like national ceremonies, traditional weddings and public appearances by His Majesty the King.

So if you've scanned our tours and they don't suit your specific interests, book a Taste of Swaziland excursion and you and your personal driver-guide can decide where and what do. Our guides are resourceful and enthusiastic and love doing something a little different, so if you want to go bathing in a hot spring, tracking down a relative in a long-forgotten cemetery or simply exploring photographic opportunities off-the-beaten track, we'll try our best to give you what you want.

MKHAYA GAME RESERVE

Full Day – Excluding transfers	R 545
Full Day – Including transfers	R 1 450

- Minimum 2 Pax / Maximum 50 Pax
- Depart 08h30

Mkhaya Game Reserve is Swaziland's world-renowned Refuge for Endangered Species, and is famous for its role in halting the decimation of rhino in Swaziland due to poaching and illegal trafficking. Almost guaranteed viewing of a wide variety of big - black and white rhino, elephant, buffalo, hippo, giraffe, zebra, wildebeest, jackal, tsessebe, waterbuck, roan and sable antelope, as well as other common species.

HLANE ROYAL NATIONAL PARK

Full Day	R 1 450
Half Day	R 1 250

- Minimum 2 Pax / Maximum 50 Pax
- Full Day - Depart 08h30
- Half Day - Depart 09h30, 12h30 or 15h30

Hlane Royal National Park is a 30000ha area, within the huge Lubombo Conservancy in northeastern Swaziland. The Park is held in trust for the Nation by His Majesty King Mswati III. This is the place where the hot still beat of Africa continues as it has for thousands of years. A network of game-viewing roads criss-cross the Park's flat terrain, weaving between 1000-year old hardwood vegetation and shallow pans which attract great herds of animals during the dry winter months. Lions were re-introduced to Swaziland at Hlane Royal National Park in 1994 and have bred well. Hlane also boasts small populations of leopard, cheetah, rhino, elephant, hippo, crocodile and hyena.

TOUR GUIDE

Half Day	R 550
Full Day	R 650

- Minimum N/A / Maximum N/A
- Depart on demand

Swaziland can be so much more interesting with the services of a local guide. Whether travelling alone (self drive) or in a group, interaction with a local guide is guaranteed to be a memorable event and to add value to your visit to the Kingdom. Even if you have a South African based guide or driver, the addition of a Swazi guide for a half or full day will be a great novelty.

Swazi Trails guides are polite, well spoken and trained to expose visitors to sights and experiences, which are otherwise off the beaten track. Guides are all English speaking.

The added security of a local guide allows opportunities for greater exploration of off-the-beaten track attractions which otherwise would be missed.

GOLF RATES 2011

The below rates are applicable as from 1st January 2011 until and including 31st December 2011.

	9 HOLES	18 HOLES
HOTEL GUEST M/W	R 147.00	R 215.00
HOTEL GUEST W/E	R 158.00	R 274.00
GOLF CARTS	R 132.00	R 221.00
CADDIES	R 74.00	R 163.00
CLUB HIRE	R 200.00	R 295.00

CAMELOT SPA – VALID FROM 01 DECEMBER 2010 – 31 MARCH 2011

<u>MASSAGE TREATMENTS</u>	
Swedish massage 60 minutes	R 450
Swedish massage 90 minutes	R 560
Aromatherapy massage 60 minutes	R 470
Camelot universal signature massage 60 minutes	R 510
Kahuna massage 60 minutes	R 510
Hot stone massage 60 minutes	R 510
Deep tissue massage 60 minutes	R 510
Ukuchina massage 60 minutes	R 510
Indian head massage 30 minutes	R 275
Back / Neck & Shoulder massage 30 minutes	R 275
Back / Neck & Shoulder massage 45 minutes	R 350
Back / Neck & Shoulder massage 60 minutes	R 450
Reflexology 45 minutes	R 320
<u>SPA JOURNEYS</u>	
Bali Spa journey 2 hours	R 990
Memoire Oceane journey 2 hours	R 1 010
The re-energising journey 2 hours	R 990
The tranquil journey 3 ½ hours	R 1 350
Indoceane treatment journey 2 hours	R 1 010
The Dawning journey 2 hours	R 1 350
The Summer solctice journey 3 ½ hours	R 1 650
<u>SPA CELEBRATIONS</u>	
Mother to be 2 ½ hours	R 1 030
Couple's treatment 2 hours	R 1 850
Bride to be 2 ½ hours	R 900
The Camelot day spa 5 ½ hours	R 2 100
The Camelot Spa personalized journey 2 ½ hours	R 1 100
<u>SKIN TREATMENTS</u>	
Spa skin facial 1 hour 15 minutes	R 425
L'Elixir exceptional facial 1 ½ hours	R 1 200
Aromatherapy facial 1 ½ hours	R 500
Ocean treatment men 1 ½ hours	R 550
Hydra moisture source facial 1 ½ hours	R 650
O2 marine facial 1 ½ hours	R 490
Micronised marine algae facial 1 ½ hours	R 470
Bio marine warm treatment facial 1 ½ hours	R 620
Wrinkle control fundamental double mask facial 1/12 hours	R 945
Pure collagen eye treatment incl facial add on	R 295
Purifying back treatment 60 minutes	R 400
<u>SPA BEAUTY TREATMENTS</u>	
Spa Manicure 60 minutes	R 270
Spa Pedicure 60 minutes	R 320
Spray tan 30 minutes	R 275
<u>WRAPS</u>	
Marine prelude 60 minutes	R 650
Aromaceane envelopement 60 minutes	R 595
Marine algae envelopement 60 minutes	R 550

HYDROTHERAPY	
Hydrotherapy bath – seaweed, aroma, milk 30 minutes	R 280
Salt glow 30 minutes	R 280
Sweet & savory scrub 30 minutes	R 350

CONDITIONS OF THESE RATES:

- Rates quoted are per person in SA Rand.
- Most of our trips depart for a minimum of two persons. Departures for a single person are possible in instances where a single supplement is payable.
- Rates include return transfers from Sun International hotels, Royal Swazi Spa, Lugogo Sun and Ezulwini Sun.
- Departure times for tours can be adjusted to suit specific requests. Special pick-ups from border posts and/or areas outside of central Swaziland, can be arranged at an additional cost.
- Sun International Dreams Terms & Conditions apply
- Rates are subject to confirmation at the time of booking.
- These rates are only applicable if pre-booked with Sun International Dreams.
- Please note that we cannot book activities less than 4 working days prior to departure.
- Not applicable if booked direct with the operators or with the hotel.
- Rates are quoted per person per activity

PAYMENTS MADE EASY

ELECTRONIC TRANSFERS

Account Name: **Sun International Dreams**
 Bank: **Nedbank**
 Branch: **Corporate Client Services**
 Branch Code: **145 405**
 Account Number: **145 404 8026 (Current Account)**

- **Please note: When using EFT, use your booking number as a reference and fax confirmation to (011) 217-5556**

➤ WHEN PAYING BY CREDIT CARD:

Please ensure that Sun International Dreams receive:

- A copy of I.D. Book or Passport
- A copy of the front and back of the credit card
- Original, signed imprint of CCCF (via docex)
- Original signature
- If using your Credit Card Authorisation Form, please ensure that the documents as per points 1, 2, 3 and 4 are attached.
- Please make sure that all faxes and copies are legible and faxed through to **(011) 217-5556.**

Due to the increase of widespread fraud worldwide, we need to be strict in terms of the banking policy.