



ROYAL SPA

AT THE PALACE

SPA CUISINE

RAW JUICES

Orange	R40
Grapefruit	R40
Lemon, ginger, apple, coconut water	R80
Cucumber, celery, apple, spinach, lemon, ginger	R80
Orange, lemon, grapefruit, lime	R60
Cucumber, apple, lemon, mint	R60
Orange, carrot, turmeric, cucumber, flaxseed, beetroot	R80
Carrot, beetroot, ginger, celery	R70

SMOOTHIES

Carrot, pineapple, banana, date, cinnamon, vanilla, walnut, coconut milk	R80
Pineapple, ginger, raspberries, turmeric, flaxseed, coconut milk, chai seeds	R90
Banana, frozen yoghurt, almond milk, cocoa, honey, sugar-free peanut butter	R90
Apple, mixed berries, rolled oats, cinnamon, macadamia nut butter	R90

SALADS

GRILLED ZUCHINNI SALAD (VG)(B) R140

Roasted green beans, paprika chickpeas, confit red onions, cherry tomatoes and basil dressing

CHICKEN CEASAR SALAD (GF)(B) R135

Gem lettuce, cherry tomatoes, poached egg, parmesan shavings and anchovy dressing

SMOKED SALMON POKE BOWL R205

Sushi rice, sliced avocado, pickled ginger, preserved cucumber, carrot ribbons and sesame dressing

GRILLED CUMIN BEEF SALAD (K)(B) 170

Spring onions, charred butternut, toasted almonds, sundried tomatoes, orange segments and herb oil dressing

LINE FISH CEVICHE (GF)(K)(B) R240

Corn chips, guacamole, pineapple salsa, crème fraiche, chili and limes

LIGHT MEALS

SMOKED TOMATO SOUP (V) R90

Served with smooth goat's cheese on gluten free bread with sundried tomato pesto

THE CAPRESE (V) R135

Buffalo mozzarella, cherry tomatoes, sliced avocado, balsamic reduction served on rye bread

THE VEGAN (VG) R120

Roasted Mediterranean vegetables, hummus, paprika and salsa verde served on multigrain rye bread

TUNA NICOISE R240

Grilled green beans, pickled radish, soft boiled eggs with pea shoots served on gluten free bread

PANKO PRAWNS (6)(B)(K) R190

Served with a wild leaf salad, herb aioli and wasabi dressing

DESSERT

Pastry chefs' cake of the day R90

Fruit skewers with sorbet of the day R75

Cheese board served with traditional condiments and preserves R165

CHAMPAGNE/SPARKLING WINE

G.H. Mumm Demi Sec	R2150
G.H. Mumm Brut	R1840
Graham Beck Rose	R65 (G) R310 (B)
Graham Beck Brut	R65 (G) R310 (B)

WHITE WINE

Laborie Sauvignon Blanc R50 (G) R155 (B)

RED WINE

Spier Cabernet Sauvignon R60 (G) R205 (B)

(G) - Glass (B) - Bottle